



GOLD MEDAL

061564 - Mix Bread Soft Roll S/O

Gold Medal(TM) Quick Rise Soft Roll Mix is an easy to use roll mix that helps create homestyle, signature breads in a fraction of the time required to bake them from scratch. From biscuits to flavorful breadbaskets, this mix provides the versatility you need to create simple, signature recipes. Available in a cost-effective, 6 - 5 lb bulk format for smaller operations.



Nutrition Facts

Servings per Container 360
Serving size 1/3cupmix(38g)1rollprepared

Amount per serving
Calories 150

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 3g Added Sugar	6%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.4mg	8%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

INGREDIENTS: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL. CONTAINS 2% OR LESS OF: DRIED YEAST, SALT, NONFAT MILK, SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES, DATEM, ANNATTO AND TURMERIC EXTRACT COLOR, SOY FLOUR, EGG.

Allergens

Contains:

eggs milk soy wheat

Handling Suggestions

Store in cool dry location

Serving Suggestions

Perfect for a variety of breads and rolls of various sizes and forms.

Prep & Cooking Suggestions

POUR water into bowl, add yeast. STIR until yeast is dissolved. ADD mix. MIX on low to incorporate water (approx 1 min). MIX on med for 3 mins, scrape down hook and bowl. MIX on med until dough is smooth and cleans the sides of the mixer bowl, approx 4 mins. Remove dough onto a lightly floured bench. DOUGH temp: 85-90F. BAKE at 375F, standard oven, 10-14 mins.

Product Specifications

Brand	Manufacturer
GOLD MEDAL	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
11615000	061564	10016000116150	6	6/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31.6lb	30lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.7in	10in	11.9in	1.08ft3	13x1	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	150	Total Fat	3g	Sodium	230mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	26g	Saturated Fat	1.5g	Iron	1.4mg
Sugars	4g	Added Sugars	3g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



Nutrition Facts
60 servings per container
Serving size 1/3 cup mix (38g)
1 roll prepared

Amount per serving		% Daily Value*
Calories	150	
Total Fat	3g	4%
Saturated Fat	1.5g	7%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrate	26g	9%
Dietary Fiber	less than 1g	3%
Total Sugars	4g	
Includes 3g Added Sugars		7%
Protein	4g	
Iron	1.4mg	8%

Not a significant source of vitamin D, calcium and potassium.
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.