



# GOLD MEDAL

## 061671 - Mix Waffle Belgian Griddle

Consistent, scratch-like taste and superior results every time. Highly tolerant formulas forgive minor preparation errors and eliminate waste. Menu Gold Medal(TM) pancakes and waffles as a traditional breakfast or load them with toppings for an indulgent, profitable treat. With Gold Medal(TM)'s wide selection of either cornmeal-based or wheat-based griddle mixes, you can provide the product that meets the needs of your patrons.



# Nutrition Facts

Servings per Container **216**  
Serving size 1/2cupMix(63g)Makes1-7"Waffle

Amount per serving  
**Calories 210**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 840mg	<b>37%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 2g Added Sugar	<b>4%</b>
<b>Protein</b> 5g	
Vitamin D	<b>%</b>
Calcium 190mg	<b>15%</b>
Iron 2.2mg	<b>12%</b>
Potassium 95mg	<b>2%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NONFAT MILK, SALT. CONTAINS 2% OR LESS OF: SUGAR, BARLEY MALT EXTRACT, SOYBEAN OIL, CORN STARCH,ARTIFICIAL FLAVOR, YELLOWS 5 & 6.CONTAINS WHEAT AND MILK INGREDIENTS.

### Allergens

#### Contains:

milk wheat

### Handling Suggestions

Store in cool dry location

### Serving Suggestions

Menu as a traditional breakfast or load them with toppings for an indulgent treat.

### Prep & Cooking Suggestions

MELT butter in water over low heat. POUR water and eggs into bowl. MIX until blended and frothy. ADD mix. MIX until batter is blended and smooth. ADD water (with melted butter) to the mixed batter. MIX until blended. DEPOSIT batter on preheated Belgian Waffle Baker at 385°F, 3-4 min or until waffle crust is golden brown.

### Product Specifications

Brand	Manufacturer
GOLD MEDAL	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
11805000	061671	10016000118055	8	8/60 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
62.1lb	30lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.9in	11.9in	11.5in	1.26ft3	10x3	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	210	Total Fat	1.5g	Sodium	840mg
Protein	5	Trans Fats	0g	Calcium	190mg
Total Carbohydrates...	46g	Saturated Fat	0g	Iron	2.2mg
Sugars	2g	Added Sugars	2g	Potassium	95mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	120mg	Riboflavin	0.3mg
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

