

ALLEN CANNING 076463 - Bean Refried Vegetarian

Allens vegetarian refried beans are made using top quality pinto beans with vegetable oil added. Refried beans are a great source of iron and high in fiber. Heat and serve convenience. Great for Mexican recipes, side dishes, nachos and more.



	Nutrition FactsServings per Container150Serving size125.00g (125g)			
MOTING UP MI				
VEGETARIAN RISCUS REPAI	REFRIED BEANS	Amount per serving Calories	120	
100	% Daily Value*			
	2221	Total Fat 2g	3%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
≭ Benefits		Sodium 140mg		
		Total Carbohydrate 20g	7%	
		Dietary Fiber 6g	21%	
		Total Sugars 1g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 6g		
		Vitamin D 0mcg	0%	
Prepared Pinto And Pink Beans,	Free From:	Calcium Omg	0%	
Water, Soybean Oil, Salt	🛞 crustaceans 🛞 shellfish 🔘 eggs 🔊 fish	Iron Omg	0%	
	👔 milk 🕥 peanuts 🛞 sesame 🛞 soy	Potassium 0mg	0%	
	(T) tree nuts () wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Handling Suggestions

Refrigerate unused portions in a separate, covered container.

Serving Suggestions

Prep & Cooking Suggestions

Stove Top: Add contents to saucepan and gently simmer until hot. Microwave: Empty contents into a microwave safe dish and cover loosely. Heat on high power for 5 minutes or until hot. Stir and serve.

Product Specifications

Brand				Manufacturer				
ALLEN CANNING				UNIPRO/MCCALL FARMS INC				
MFG	#	SPC #		GTIN		P	Pack	Pack Desc.
3521	5	076463	1003	10034700352159			6	6/#10
Gross	Gross Weight Net Weight		ght Co	ountry of Origin		Kosher		Child Nutrition
48.4	5lb	48lb		USA		Yes		No
	Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf L	ife Storage Temp From/Te		ge Temp From/To
18.8in	12.6in	7.1in	0.97ft3	8x7	0DAY	S 40°F / 111°F		10°F / 111°F





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Nutrition Analysis - By Serving

Calories	120	Total Fat	2g	Sodium	140mg
Protein	6	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	20g	Saturated Fat	Og	Iron	0mg
Sugars	1g	Added Sugars	Og	Potassium	0mg
Dietary Fiber	6g	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

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