



ALLEN CANNING

076463 - Bean Refried Vegetarian

Allens vegetarian refried beans are made using top quality pinto beans with vegetable oil added. Refried beans are a great source of iron and high in fiber. Heat and serve convenience. Great for Mexican recipes, side dishes, nachos and more.



Nutrition Facts

Servings per Container 150
Serving size 125.00g (125g)

Amount per serving
Calories 120

% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 6g	21%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Prepared Pinto And Pink Beans, Water, Soybean Oil, Salt

⚠ Allergens

Free From:

- crustaceans
- shellfish
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Refrigerate unused portions in a separate, covered container.

Serving Suggestions

Prep & Cooking Suggestions

Stove Top: Add contents to saucepan and gently simmer until hot. Microwave: Empty contents into a microwave safe dish and cover loosely. Heat on high power for 5 minutes or until hot. Stir and serve.

📄 Product Specifications

Brand	Manufacturer
ALLEN CANNING	UNIPRO/MCCALL FARMS INC

MFG #	SPC #	GTIN	Pack	Pack Desc.
35215	076463	10034700352159	6	6/#10

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
48.45lb	48lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.8in	12.6in	7.1in	0.97ft3	8x7	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	120	Total Fat	2g	Sodium	140mg
Protein	6	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	6g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

 Additional Images

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