



SUNSOURCE

# 077610 - Vegetable Mixed Stew Cut Gf

EXCEPTIONALLY DELICIOUS TASTE: Fresh-harvested carrots, potatoes, peas, celery and onions are blended in just the right proportions and then seasoned to perfection for a delicious blend of flavors, textures and color.  
NATURAL GOODNESS: Vegetables for Stew are a classic blend of 5 vegetables that are perfect for enjoying as a side-dish, in your family's favorite Chicken Pot Pie recipe or as a colorful addition to rice or other dishes.  
SIMPLE LABEL: Only Vegetables (Carrots, Potatoes, Peas, Celery, Onions), Water, Salt, and Calcium Chloride. A Part of your healthy lifestyle.  
GROWN & MADE IN THE USA: Stew Vegetables are Grown & Made in the USA and cultivated by U.S. farmers.  
ENVIRONMENTALLY FRIENDLY: Stew Vegetables are packaged in recyclable steel cans made with a Non-BPA lining (can lining not intentionally made with BPA). Please recycle.



## Nutrition Facts

Servings per Container 24  
Serving size 1/2cup (125g)

Amount per serving  
**Calories 45**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 130mg	<b>6%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 1g	
Vitamin D 0mcg	<b>0%</b>
Calcium 20mg	<b>2%</b>
Iron 0.7mg	<b>4%</b>
Potassium 160mg	<b>3%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Sunsource Merit Fancy Vegetables For Stew  
Always Farm Fresh  
Diced, Tender Vegetables  
USA Grown and Processed  
Naturally Gluten Free

#### Ingredients

WATER, CARROTS, POTATOES, CELERY, PEAS, SALT, ONIONS, CALCIUM CHLORIDE (FIRMING AGENT), ONION FLAVORING

#### ⚠ Allergens

##### Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

Store at ambient temperature. Avoid freezing or prolonged storage above 90° F and below 40° F with no more than 50% humidity.

### Serving Suggestions

Stew. Casseroles.

### Prep & Cooking Suggestions

Stove Top: Empty contents into saucepan. Bring just to a boil; drain, if desired. Season to taste and serve.  
Microwave: Empty contents into microwavable dish; cover; heat 3-4 minutes. Stir, season to taste and serve.

### ✍ Product Specifications

Brand	Manufacturer	Product Category
SUNSOURCE	SENECA/UNIPRO	Mixed Vegetables

MFG #	SPC #	GTIN	Pack	Pack Desc.
1868700157	077610	10018687001576	6	6/#10

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
45.7lb	44.55lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.8in	12.5in	7in	0.95ft3	7x7	0DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	45	Total Fat	0g	Sodium	130mg
Protein	1	Trans Fats	0g	Calcium	20mg
Total Carbohydrates...	8g	Saturated Fat	0g	Iron	0.7mg
Sugars	1g	Added Sugars	0g	Potassium	160mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

