

DUET 078154 - Water Chestnut Sliced

Roland Sliced Water Chestnuts have a uniform size, texture, and great color. This is our largest tin size. Their size is excellent for foodservice operators who have everyday demands for a high usage level.



	Nutrition Facts			
R	Servings per Container 84 Serving size 1cup (130g)			
Boile	a in Water ICED	Amount per serving Calories	70	
	% Daily Value*			
	Total Fat Og	0%		
NET UT A	21.49/d	Saturated Fat 0g	0%	
NET WT. 6 LB. 6.3 OZ. (2	<i>Trans</i> Fat 0g			
		Cholesterol 0mg	0%	
Benefits		Sodium 10mg	0%	
-		Total Carbohydrate 16g	6%	
		Dietary Fiber 3g	11%	
		Total Sugars 3g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 1g		
		Vitamin D 0mcg	0%	
Water chestnuts, Water, Citric Acid	Free From:	Calcium 5.2mg	0%	
	crustaceans () eggs () fish () milk	Iron 1.1mg	6%	
	Soy @ peanuts 🛞 sesame 🛞 soy 💮 tree nuts	Potassium 153mg	3%	
	() wheat	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Handling Suggestions

Roland Sliced Water Chestnuts should be refrigerated after opening.

Serving Suggestions

Roland Peeled Water Chestnuts are used in oriental cooking especially stir fry dishes. Try as an appetizer wrapped with bacon, on salads, for fowl, or mixed with vegetables as a side dish.

Prep & Cooking Suggestions

Roland Sliced Water Chestnuts can be served hot or cold.

Product Specifications

18.8in

12.9in

7.7in

1.08ft3

Brand	Mar	Manufacturer			Product Category		
DUET	REM	REMA FOODS		Vegetables, Canned & Frozen			
MFG #	SPC #		GTIN		Pack	Pack Desc.	
46009AA	078154	100	10041224427102		6	6/#10	
Gross Weight	Net Wei	Net Weight Country		f Origin	Kosher	Child Nutrition	
44.9lb	44.9lb		USA	١	Yes	No	
Shipping Information							
Length Width	n Height	Volume	TIxHI	HI Shelf Life Storage Temp From/To			

8x3

0DAYS

40°F / 111°F



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Nutrition Analysis - By Serving

Calories	70	Total Fat	Og	Sodium	10mg
Protein	1	Trans Fats	Og	Calcium	5.2mg
Total Carbohydrates…	16g	Saturated Fat	Og	Iron	1.1mg
Sugars	3g	Added Sugars	Og	Potassium	153mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images





