



DUET

078154 - Water Chestnut Sliced

Roland Sliced Water Chestnuts have a uniform size, texture, and great color. This is our largest tin size. Their size is excellent for foodservice operators who have everyday demands for a high usage level.



Nutrition Facts

Servings per Container 84
Serving size 1cup (130g)

Amount per serving
Calories 70

% Daily Value*

| | | |
|----------------------|------|-----|
| Total Fat | 0g | 0% |
| Saturated Fat | 0g | 0% |
| Trans Fat | 0g | |
| Cholesterol | 0mg | 0% |
| Sodium | 10mg | 0% |
| Total Carbohydrate | 16g | 6% |
| Dietary Fiber | 3g | 11% |
| Total Sugars | 3g | |
| Includes Added Sugar | 0g | 0% |

| | | |
|-----------|-------|----|
| Protein | 1g | |
| Vitamin D | 0mcg | 0% |
| Calcium | 5.2mg | 0% |
| Iron | 1.1mg | 6% |
| Potassium | 153mg | 3% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

| Ingredients | Allergens |
|-------------------------------------|--|
| Water chestnuts, Water, Citric Acid | Free From: crustaceans eggs fish milk peanuts sesame soy tree nuts wheat |

| Handling Suggestions | Product Specifications | | | | | | | | | | | | | | | | | | | | | |
|--|--|--------------------------------|--------------|-------------------|------------|----------------------|--------------------------------|--------|----------------|-------|--------|--------|-------|------------|----------------------|--------|--------|-------|---------|-----|-------|--------------|
| Roland Sliced Water Chestnuts should be refrigerated after opening. | <table border="1"> <tr><th>Brand</th><th>Manufacturer</th><th>Product Category</th></tr> <tr><td>DUET</td><td>REMA FOODS</td><td>Grill Bricks, Scrapers, & Pads</td></tr> </table> | Brand | Manufacturer | Product Category | DUET | REMA FOODS | Grill Bricks, Scrapers, & Pads | | | | | | | | | | | | | | | |
| Brand | Manufacturer | Product Category | | | | | | | | | | | | | | | | | | | | |
| DUET | REMA FOODS | Grill Bricks, Scrapers, & Pads | | | | | | | | | | | | | | | | | | | | |
| Serving Suggestions | <table border="1"> <tr><th>MFG #</th><th>SPC #</th><th>GTIN</th><th>Pack</th><th>Pack Desc.</th></tr> <tr><td>46009AA</td><td>078154</td><td>10041224427102</td><td>6</td><td>6/#10</td></tr> </table> | MFG # | SPC # | GTIN | Pack | Pack Desc. | 46009AA | 078154 | 10041224427102 | 6 | 6/#10 | | | | | | | | | | | |
| MFG # | SPC # | GTIN | Pack | Pack Desc. | | | | | | | | | | | | | | | | | | |
| 46009AA | 078154 | 10041224427102 | 6 | 6/#10 | | | | | | | | | | | | | | | | | | |
| Roland Peeled Water Chestnuts are used in oriental cooking especially stir fry dishes. Try as an appetizer wrapped with bacon, on salads, for fowl, or mixed with vegetables as a side dish. | <table border="1"> <tr><th>Gross Weight</th><th>Net Weight</th><th>Country of Origin</th><th>Kosher</th><th>Child Nutrition</th></tr> <tr><td>44.9lb</td><td>44.9lb</td><td>USA</td><td>Yes</td><td>No</td></tr> </table> | Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition | 44.9lb | 44.9lb | USA | Yes | No | | | | | | | | | | | |
| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition | | | | | | | | | | | | | | | | | | |
| 44.9lb | 44.9lb | USA | Yes | No | | | | | | | | | | | | | | | | | | |
| Prep & Cooking Suggestions | <table border="1"> <tr><th colspan="7">Shipping Information</th></tr> <tr><th>Length</th><th>Width</th><th>Height</th><th>Volume</th><th>TlxHl</th><th>Shelf Life</th><th>Storage Temp From/To</th></tr> <tr><td>18.8in</td><td>12.9in</td><td>7.7in</td><td>1.08ft3</td><td>8x3</td><td>0DAYS</td><td>40°F / 111°F</td></tr> </table> | Shipping Information | | | | | | | Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To | 18.8in | 12.9in | 7.7in | 1.08ft3 | 8x3 | 0DAYS | 40°F / 111°F |
| Shipping Information | | | | | | | | | | | | | | | | | | | | | | |
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To | | | | | | | | | | | | | | | | |
| 18.8in | 12.9in | 7.7in | 1.08ft3 | 8x3 | 0DAYS | 40°F / 111°F | | | | | | | | | | | | | | | | |
| Roland Sliced Water Chestnuts can be served hot or cold. | | | | | | | | | | | | | | | | | | | | | | |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories | 70 | Total Fat | 0g | Sodium | 10mg |
| Protein | 1 | Trans Fats | 0g | Calcium | 5.2mg |
| Total Carbohydrates... | 16g | Saturated Fat | 0g | Iron | 1.1mg |
| Sugars | 3g | Added Sugars | 0g | Potassium | 153mg |
| Dietary Fiber | 3g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

