



DUET

078154 - Water Chestnut Sliced

Roland Sliced Water Chestnuts have a uniform size, texture, and great color. This is our largest tin size. Their size is excellent for foodservice operators who have everyday demands for a high usage level.



Nutrition Facts

Servings per Container **84**
Serving size **(130g)**

Amount per serving
Calories 70

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 1.1mg	6%
Potassium 150mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Roland Sliced Water Chestnuts have a uniform size, texture, and great color. This is our largest tin size. Their size is excellent for foodservice operators who have everyday demands for a high usage level.

Ingredients

WATER CHESTNUTS, WATER, CITRIC ACID

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Roland Sliced Water Chestnuts should be refrigerated after opening.

Serving Suggestions

Roland Peeled Water Chestnuts are used in oriental cooking especially stir fry dishes. Try as an appetizer wrapped with bacon, on salads, for fowl, or mixed with vegetables as a side dish.

Prep & Cooking Suggestions

Roland Sliced Water Chestnuts can be served hot or cold.

📄 Product Specifications

Brand	Manufacturer
DUET	REMA FOODS

MFG #	SPC #	GTIN	Pack	Pack Desc.
46009AA	078154	10041224427102	6	6/#10

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
44.9lb	44.9lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.8in	12.9in	7.7in	1.08ft3	8x3	0DAYS	40°F / 111°F



DUET

078154 - Water Chestnut Sliced

Roland Sliced Water Chestnuts have a uniform size, texture, and great color. This is our largest tin size. Their size is excellent for foodservice operators who have everyday demands for a high usage level.



Nutrition Analysis - By Serving

Calories	70	Total Fat	0g	Sodium	10mg
Protein	1	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	16g	Saturated Fat	0g	Iron	1.1mg
Sugars	3g	Added Sugars	0g	Potassium	150mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	2mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



Nutrition Facts
 About 14 servings per container
Serving size 1 Cup drained (130g)
 Amount per serving
Calories 70

	% Daily Values*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 3g	12%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	Calcium 5.2mg 0%
Iron 1.1mg 6%	Potas. 153mg 4%

*The % Daily Values (DV) here are based on a diet of other people's secrets. The % Daily Values are based on a diet of other people's secrets. The % Daily Values are based on a diet of other people's secrets.

10041224427102

