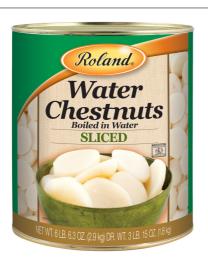


DUET

078154 - Water Chestnut Sliced



Roland Sliced Water Chestnuts have a uniform size, texture, and great color. This is our largest tin size. Their size is excellent for foodservice operators who have everyday demands for a high usage level.



Benefits

Ingredients	▲ Allergens
Water chestnuts, Water, Citric Acid	Free From: Crustaceans eggs fish milk peanuts sesame soy fish tree nuts wheat

Nutrition Facts

Servings per Container 84 1cup (130g) Serving size

Amount per serving alorios

Calories	70
% Dail	y Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 16g	6%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugar	0%
Protein 1g	_
Vitamin D 0mcg	0%
Calcium 5.2mg	0%
Iron 1.1mg	6%
Potassium 153mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories

a day is used for general nutrition advice.

Handling Suggestions

Roland Sliced Water Chestnuts should be refrigerated after opening.

Serving Suggestions

Roland Peeled Water Chestnuts are used in oriental cooking especially stir fry dishes. Try as an appetizer wrapped with bacon, on salads, for fowl, or mixed with vegetables as a side dish.

Prep & Cooking Suggestions

Roland Sliced Water Chestnuts can be served hot or cold.

Product Specifications

Brand	Manufacturer	Product Category
DUET	REMA FOODS	Vegetables, Canned & Frozen

MFG #	SPC#	GTIN	Pack	Pack Desc.
46009AA	078154	10041224427102	6	6/#10

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
44.9lb	44.9lb	USA	Yes	No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
18.8in	12.9in	7.7in	1.08ft3	8x3	0DAYS	40°F / 111°F	





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Nutrition Analysis - By Serving

Calories	70	Total Fat	0g	Sodium	10mg
Protein	1	Trans Fats	0g	Calcium	5.2mg
Total Carbohydrates•••	16g	Saturated Fat	0g	Iron	1.1mg
Sugars	3g	Added Sugars	0g	Potassium	153mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images







