



**BASIC AMERICAN**

**078600 - Potato Mashed Pearl Extra Rich Instant**

Yield: 117 LB prepared per case. Extra smooth mashed potatoes, 1 min. prep with hand mix. Full carton packaging performs well in a mixer. 20mg sodium per serving makes it a fit for dietary restrictions.



# Nutrition Facts

**Servings per Container**  
**Serving size** About 1/4 cup Dry (25g) 140g Prepared (25.43g)

**Amount per serving**  
**Calories** **90**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 10mg	<b>1%</b>
Iron 0.3mg	<b>2%</b>
Potassium 330mg	<b>7%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

Yield: 117 LB prepared per case; 468 servings (4 OZ) per case  
Just add water  
Made with 100% USA Grown Potatoes  
Gluten Free

### Ingredients

### ⚠ Allergens

#### May Contain:

milk

#### Free From:

- crustaceans
- eggs
- fish
- peanuts
- soy
- tree nuts
- wheat

### Handling Suggestions

Store cool dry (less than 80 degrees F)

### Serving Suggestions

Mashed Potatoes are a well loved side dish and a versatile base to add a signature dish. Can be used as a thickener or can be added to scratch-made mashed to extend hold time and recipe quantity.

### Prep & Cooking Suggestions

1: Pour 2 gallons boiling water in mixing bowl. 2: **HAND MIX:** Add potatoes, stir constantly with whisk. Let stand for 1 minute, stir well and serve. **MACHINE MIX:** Using whip attachment, mix on low; slowly add product. Scrape bowl, whip on high until fluffy (2 minutes). 3: Ready to serve or to add recipe ingredients. [Alternate] Add more boiling water to make potatoes thinner, more potatoes to make thicker. This is a no salt product, season to taste.

### 📄 Product Specifications

Brand	Manufacturer	Product Category
BASIC AMERICAN	BASIC AMERICAN FOODS	Prepared Entrees

MFG #	SPC #	GTIN	Pack	Pack Desc.
81837	078600	10011140818377	6	6/3.55#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.75lb	21lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.2in	12in	7.9in	0.94ft3	9x5	0DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	90	Total Fat	0g	Sodium	20mg
Protein	2	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	0.3mg
Sugars	0g	Added Sugars	0g	Potassium	330mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

