



**BASIC AMERICAN**

# 078672 - Potato Mashed Pearl Ls W/ Vit C

Yield: 124 LB prepared per case. Creamy texture mashed potatoes, 115mg sodium per serving makes it a fit for dietary restrictions. 5 minutes to serve.



### \* Benefits

Yield: 124 LB prepared per case, 492, 4-oz servings per case (41 servings per pouch)  
Low sodium  
Just add water  
Made with 100% USA grown potatoes  
Gluten free

### Ingredients

### ⚠ Allergens

#### Contains:



#### Free From:



## Nutrition Facts

Servings per Container

Serving size <sup>About 1/4 cup Dry (23g) 140g Prepared (22.61g)</sup>

Amount per serving

**Calories 80**

% Daily Value\*

<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 115mg	<b>5%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	<b>0%</b>
Calcium 10mg	<b>1%</b>
Iron 0.3mg	<b>2%</b>
Potassium 320mg	<b>7%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

Store cool dry (less than 80 degrees F)

### Serving Suggestions

Mashed Potatoes are a well loved side dish and a versatile base to add a signature dish. Can be used as a thickener or can be added to scratch-made mashed.

### Prep & Cooking Suggestions

1: Pour 4 Liters (about 1 gallon plus 1 cup) of hot water (170-190F) into 6" deep half-size steamtable pan. 2: Add all potatoes and stir for 15 seconds. 3: Let stand for 5 minutes, stir and serve. Tip: Mix by hand or prepare in a mixer

### ✍ Product Specifications

Brand	Manufacturer	Product Category
BASIC AMERICAN	BASIC AMERICAN FOODS	Fruit, Fresh

MFG #	SPC #	GTIN	Pack	Pack Desc.
10426	078672	10011140104265	12	12/26.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22.78lb	21.33lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5in	10.5in	14.13in	1.07ft3	12x3	0DAYS	40°F / 111°F



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## Nutrition Analysis - By Serving

Calories	80	Total Fat	0.5g	Sodium	115mg
Protein	2	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	17g	Saturated Fat	0g	Iron	0.3mg
Sugars	0g	Added Sugars	0g	Potassium	320mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	12mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

