

DUET 086207 - Tuna White Solid In Water

Most expensive of all the species. It is preferred due to it's white meat, firm texture, and a mild flavor. It delivers more than three times the omega-3s compared to light tuna. "high in omega 3s -lower in fat and cholesterol -high in protein -ultimate on-the-go-food for many in the health conscious circles



	Nutrition FactsServings per Container24Serving size30zdrained(85g)			
Nutrition F Serving Bio 14 CUP (60 Container A				
Amount Per Serving Calories 70 Calories Sub Tatal 1g Trans Fat 0g Choissenal 30mg Choissenal 30mg Choissenal 30mg Choissenal 30mg	Safe Lease and A A Safe Lease and A A Safe Lease and A A Safe Lease A A	Amount per serving Calories	100	
Total Carbohydrate Distay Fiber less tha Sugars less than 00 Profession	% Daily Value*			
Vitamina Attivita in Attivita	Total Fat 1g	1%		
	Saturated Fat Og	0%		
	Trans Fat 0g			
	Cholesterol 40mg	13%		
✤ Benefits		Sodium 210mg	9%	
"high in omega 3s	Total Carbohydrate Og	0%		
-lower in fat and cholesterol	Dietary Fiber 0g	0%		
-high in protein -ultimate on-the-go-food for many in the health conscious circles.		Total Sugars Og		
"	Includes 0g Added Sugar	0%		
Ingredients	🛕 Allergens	Protein 22g		
		Vitamin D 2mcg	10%	
Albacore tuna, water, vegetable	Contains:	Calcium 0mg	0%	
broth, salt, sodium pyrophosphate	(C) fish	Iron 1mg	6%	
	Free From:	Potassium 208mg	4%	
	Image: symbol constraints Image:	* The % Daily Value (DV) tells you how mu a serving of food contributes to a daily die a day is used for general nutrition advice.		

Handling Suggestions	🖉 Pro	oduct s	Specific	atior	ıs			
Store in a cool dry place. Refrigerate after opening	Brand DUET				Manufacturer Rema Foods			
Serving Suggestions	MFG	G #	SPC #		GTI	N	Pac	k Pack Desc.
Use in salads, appetizers, spreads, dips, sandwiches, and casseroles.	29565	DUT	086207	7	10719303295651		6	6 / 6 / cs
	Gross \	Veight	Net Wei	ght	Country o	f Origin	Koshe	r Child Nutrition
Prep & Cooking Suggestions	28	lb	25lb		THA	A	Yes	No
Open and serve	Shipping Information							
	Length	Width	Height	Volur	ne TixHi	Shelf L	ife Sto	orage Temp From/To
	19in	5in	12.75in	0.7ft	t3 8x10	1095DA	YS	32°F / 100°F
								noward by





"high in omega 3s -lower in fat and cholesterol -high in protein -ultimate on-the-go-food for many in the health conscious circles.

Nutrition Analysis - By Serving

Calories	100	Total Fat	1g	Sodium	210mg
Protein	22	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	Og	Iron	1mg
Sugars	Og	Added Sugars	Og	Potassium	208mg
Dietary Fiber	Og	Polyunsaturated Fat	Og	Zinc	0
Lactose		Monounsaturated Fat	Og	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•	0	Vitamin D	2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

O Additional Images







