HIGHLAND MARKET

086751 - **Ham Shank & Piece Canned**

Highland Market Ham Shanks are made with fully trimmed, boneless ham shanks, and are perfect for green beans, navy beans, collard greens, and soups. Highland Market Ham Shanks is heat-and-serve, frees up valuable freezer space by being shelf-stable, and is a fully usable product. Each 48 oz. can contains around 24 quarter-cup servings, for a total of 144 servings per case.

SGC FOODSERVICE

Nutrition Facts

Servings per Container	**24**
Serving size	**1/4cup (56g)**
Amount per serving	
Calories	**60**
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 400mg	**17%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugar	**0%**
Protein 11g	
Vitamin D 0mcg	**0%**
Calcium 7mg	**1%**
Iron 0mg	**0%**
Potassium 170mg	**4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Ham Shanks, Water, Salt, Sugar, Sodium Nitrite.

Allergens

Free From:

crustaceans, mollusks, eggs, fish, milk, peanuts, soy, tree nuts, wheat

Handling Suggestions

Dry storage: 50 to 80 degree temperature. Keep from freezing.

Serving Suggestions

Use as an ingredient for seasoning green beans, baked beans, potato soup, bean soup, or BBQ ham sandwiches.

Prep & Cooking Suggestions

Drain and reserve broth. Empty contents into bowl. Use according to your recipe. Add back broth as needed.

Convection: Place covered prepared product into 300F oven for 3040 minutes until center reaches 165F.

Conventional: Place covered prepared product into 350F oven for 60 minutes until center reaches 165F.

Microwave: Place prepared product into microwave safe covered container. Heat on high approximately 23 minutes per portion or until center reaches 165F.

Stove Top: Place uncovered prepared product over medium heat for 1015 minutes or until center reaches 165F, stirring occasionally to prevent scorching.

Product Specifications

Brand	Manufacturer	Product Category
HIGHLAND MARKET	VANEE FOODS/UNIPRO	Pork

MFG #	SPC #	GTIN	Pack	Pack Desc.
656C-VAN	086751	10018687000258	6	6/48 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22lb	18lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
18.7in	12.6in	7.1in	0.97ft3	16x5	365DAYS	40°F / 111°F

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Nutrition Analysis - By Serving

Calories	60	Total Fat	1.5g	Sodium	400mg
Protein	11	Trans Fats	0g	Calcium	7mg
Total Carbohydrates•••	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	170mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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