



FSTG
100232 - Chip Tortilla Blue Corn S/O

Food Should Taste Good(TM) gluten-free tortilla chips baked in flax, sesame, sunflower seeds, and quinoa with a touch of sea salt and organic blue corn. Individually packaged and in a single serve portion for a convenient, grab and go snack. Non-GMO, Dairy Free, and Kosher certified.



Nutrition Facts

Servings per Container 24
Serving size 1pouch(42g/about15chips)

Amount per serving
Calories 220

		% Daily Value*
Total Fat	10g	13%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	110mg	5%
Total Carbohydrate	27g	10%
Dietary Fiber	3g	11%
Total Sugars	0g	
Includes	0g Added Sugar	0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	50mg	4%
Iron	0.9mg	5%
Potassium	150mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Organic Blue Corn, High Oleic Sunflower Oil And/or Safflower Oil And/or Canola Oil, Brown Rice Flour, Flax Seed, Sesame Seed, Sunflower Seeds, Sea Salt, Quinoa.

⚠ Allergens

Contains:



Handling Suggestions

Keep in a dry cool place

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer	Product Category
FSTG	GENERAL MILLS, INC.	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
21908-8122	100232	10021908812257	24	24/1.5 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
2.6lb	2.25lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.93in	13.31in	7.12in	1.09ft3	7x6	186DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	220	Total Fat	10g	Sodium	110mg
Protein	3	Trans Fats	0g	Calcium	50mg
Total Carbohydrates...	27g	Saturated Fat	1g	Iron	0.9mg
Sugars	0g	Added Sugars	0g	Potassium	150mg
Dietary Fiber	3g	Polyunsaturated Fat	2g	Zinc	
Lactose		Monounsaturated Fat	6g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



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Vit. D 0mcg 0%	Calcium 50mg 4%
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