



NATURE VALLEY

125784 - Bar Granola Peanut Butter S/O

A crunchy, whole grain oat granola bar made from a blend of whole grain rolled oats with real peanut butter. Individually wrapped, with 1 bar per package, provides 8g of whole grain for a convenient, on-the-go snack. Made without Gelatin, no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For crediting in USDA Child Nutrition Programs: .5 ounce equivalent grain and whole grain-rich criteria. Available in bulk, 144 - .74oz bars per case.



Nutrition Facts

Servings per Container 144
Serving size 1bar(21g)

Amount per serving
Calories 100

% Daily Value*

Total Fat	4g	5%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	80mg	3%
Total Carbohydrate	14g	5%
Dietary Fiber	1g	4%
Total Sugars	5g	
Includes 5g Added Sugar		10%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.6mg	3%
Potassium	0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Ingredients: Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Peanut Butter (peanuts, salt), Rice Flour, Brown Sugar Syrup, Salt, Baking Soda, Soy Lecithin.

⚠ Allergens

Contains:

peanuts soy

Handling Suggestions

Store in cool dry location

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer	Product Category
NATURE VALLEY	GENERAL MILLS, INC.	Equipment

MFG #	SPC #	GTIN	Pack	Pack Desc.
3355000	125784	10016000335506	144	108/1.3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.75lb	7.8lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
11.8in	10in	11.2in	0.77ft3	16x2	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	4g	Sodium	80mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	14g	Saturated Fat	0g	Iron	0.6mg
Sugars	5g	Added Sugars	5g	Potassium	0mg
Dietary Fiber	1g	Polyunsaturated Fat	1g	Zinc	
Lactose		Monounsaturated Fat	2.5g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

