**NATURE VALLEY**

# 125784 - **Bar Granola Peanut Butter S/O**

A crunchy, whole grain oat granola bar made from a blend of whole grain rolled oats with real peanut butter. Individually wrapped, with 1 bar per package, provides 8g of whole grain for a convenient, on-the-go snack. Made without Gelatin, no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For crediting in USDA Child Nutrition Programs: .5 ounce equivalent grain and whole grain-rich criteria. Available in bulk, 144 - .74oz bars per case.

SGC FOODSERVICE

## Nutrition Facts

| | |
|---|---|
| **Servings per Container** | **144** |
| **Serving size** | **1bar(21g)** |
| **Amount per serving** | |
| **Calories** | **100** |
| | **% Daily Value*** |
| **Total Fat** 4g | **5%** |
| Saturated Fat 0g | **0%** |
| *Trans* Fat 0g | |
| **Cholesterol** 0mg | **0%** |
| **Sodium** 80mg | **3%** |
| **Total Carbohydrate** 14g | **5%** |
| Dietary Fiber 1g | **4%** |
| Total Sugars 5g | |
| Includes 5g Added Sugar | **10%** |
| **Protein** 2g | |
| Vitamin D 0mcg | **0%** |
| Calcium 0mg | **0%** |
| Iron 0.6mg | **3%** |
| Potassium 0mg | **0%** |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Benefits

## Ingredients

Ingredients: Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Peanut Butter (peanuts, salt), Rice Flour, Brown Sugar Syrup, Salt, Baking Soda, Soy Lecithin.

## Allergens

**Contains:**

peanuts soy

## Handling Suggestions

Store in cool dry location

## Serving Suggestions

Serve as is

## Prep & Cooking Suggestions

Ready to eat

## Product Specifications

| Brand | Manufacturer | Product Category |
|---|---|---|
| NATURE VALLEY | GENERAL MILLS, INC. | Cereal Bars |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|---|---|---|---|---|
| 3355000 | 125784 | 10016000335506 | 144 | 108/1.3 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|---|---|---|---|---|
| 13.75lb | 7.8lb | USA | Yes | No |

| Shipping Information | | | | | | |
|---|---|---|---|---|---|---|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| 11.8in | 10in | 11.2in | 0.77ft3 | 16x2 | 0DAYS | 40°F / 111°F |

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## Nutrition Analysis - By Serving

| | | | | | |
|---|---|---|---|---|---|
| Calories | 100 | Total Fat | 4g | Sodium | 80mg |
| Protein | 2 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates••• | 14g | Saturated Fat | 0g | Iron | 0.6mg |
| Sugars | 5g | Added Sugars | 5g | Potassium | 0mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | 1g | Zinc | |
| Lactose | | Monounsaturated Fat | 2.5g | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12• | |
| Monosodium | | Sulphites | | Nitrates | |

## Additional Images

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