



NATURE VALLEY

# 125784 - Bar Granola Peanut Butter S/O

A crunchy, whole grain oat granola bar made from a blend of whole grain rolled oats with real peanut butter. Individually wrapped, with 1 bar per package, provides 8g of whole grain for a convenient, on-the-go snack. Made without Gelatin, no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For crediting in USDA Child Nutrition Programs: .5 ounce equivalent grain and whole grain-rich criteria. Available in bulk, 144 - .74oz bars per case.



## Nutrition Facts

Servings per Container **144**  
Serving size **1bar(21g)**

Amount per serving  
**Calories 100**

% Daily Value\*

|                               |            |
|-------------------------------|------------|
| <b>Total Fat</b> 4g           | <b>5%</b>  |
| Saturated Fat 0g              | <b>0%</b>  |
| Trans Fat 0g                  |            |
| <b>Cholesterol</b> 0mg        | <b>0%</b>  |
| <b>Sodium</b> 80mg            | <b>3%</b>  |
| <b>Total Carbohydrate</b> 14g | <b>5%</b>  |
| Dietary Fiber 1g              | <b>4%</b>  |
| Total Sugars 5g               |            |
| Includes 5g Added Sugar       | <b>10%</b> |
| <b>Protein</b> 2g             |            |
| Vitamin D 0mcg                | <b>0%</b>  |
| Calcium 0mg                   | <b>0%</b>  |
| Iron 0.6mg                    | <b>3%</b>  |
| Potassium 0mg                 | <b>0%</b>  |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Ingredients: Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Peanut Butter (peanuts, salt), Rice Flour, Brown Sugar Syrup, Salt, Baking Soda, Soy Lecithin.

### ⚠ Allergens

#### Contains:

peanuts soy

### Handling Suggestions

Store in cool dry location

### Serving Suggestions

Serve as is

### Prep & Cooking Suggestions

Ready to eat

### 📄 Product Specifications

| Brand         | Manufacturer        | Product Category |
|---------------|---------------------|------------------|
| NATURE VALLEY | GENERAL MILLS, INC. | Cereal Bars      |

| MFG #   | SPC #  | GTIN           | Pack | Pack Desc. |
|---------|--------|----------------|------|------------|
| 3355000 | 125784 | 10016000335506 | 144  | 108/1.3 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 13.75lb      | 7.8lb      | USA               | Yes    | No              |

| Shipping Information |       |        |         |       |            |                      |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length               | Width | Height | Volume  | TlxHl | Shelf Life | Storage Temp From/To |
| 11.8in               | 10in  | 11.2in | 0.77ft3 | 16x2  | 0DAYS      | 40°F / 111°F         |



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## Nutrition Analysis - By Serving

|                        |     |                     |      |              |       |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories               | 100 | Total Fat           | 4g   | Sodium       | 80mg  |
| Protein                | 2   | Trans Fats          | 0g   | Calcium      | 0mg   |
| Total Carbohydrates... | 14g | Saturated Fat       | 0g   | Iron         | 0.6mg |
| Sugars                 | 5g  | Added Sugars        | 5g   | Potassium    | 0mg   |
| Dietary Fiber          | 1g  | Polyunsaturated Fat | 1g   | Zinc         |       |
| Lactose                |     | Monounsaturated Fat | 2.5g | Phosphorus   |       |
| Sucrose                |     | Cholesterol         | 0mg  |              |       |
| Vitamin A(IU)          |     | Vitamin D           | 0mcg | Thiamin      |       |
| Vitamin A(RE)          |     | Vitamin E           |      | Niacin       |       |
| Vitamin C              |     | Folate              |      | Riboflavin   |       |
| Magnesium              |     | Vitamin B-6         |      | Vitamin B-12 |       |
| Monosodium             |     | Sulphites           |      | Nitrates     |       |

## Additional Images

