



SIMPLY CHEX

126871 - Snack Chex Simply Cheddar Wg



A savory mix of whole grain Chex(TM) cereal pieces with cheddar seasoning. Individually wrapped in a single serve portion for a convenient, grab and go snack, with 70% less fat than potato chips. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich, USDA Smart Snacks criteria, and is CACFP eligible.



Nutrition Facts

Servings per Container **60**
Serving size **1pouch(26g)**

Amount per serving
Calories 110

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 4g Added Sugar	8%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.7mg	4%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Ingredients: Whole Wheat, Enriched Corn Meal (degermed yellow corn meal, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Vegetable Oil (soybean and/or rice bran), Sugar, Whey Powder. Contains 2% or less of: Buttermilk Powder, Corn Syrup Solids, Salt, Dried Sour Cream (cream, nonfat milk, cultures), Natural Flavor, Paprika Extract Added for Color, Onion Powder, Distilled Monoglycerides, Tricalcium Phosphate, Trisodium Phosphate, Calcium Carbonate, Baking Soda, Yellow Corn Flour. Freshness Preserved by BHT.

Allergens

Contains:

milk wheat

Handling Suggestions

Keep in a dry cool place

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready To Eat

Product Specifications

Brand	Manufacturer	Product Category
SIMPLY CHEX	GENERAL MILLS, INC.	Oils and Shortening

MFG #	SPC #	GTIN	Pack	Pack Desc.
31932000	126871	10016000319322	60	60/.92 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.42lb	6.71lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	10in	10in	0.93ft3	12x5	248DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	110	Total Fat	2.5g	Sodium	130mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	20g	Saturated Fat	0g	Iron	0.7mg
Sugars	4g	Added Sugars	4g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

