



SIMPLY CHEX

126894 - Snack Chex Simply Strawberry Yogurt Wg



A savory and sweet mix of whole grain Chex(TM) cereal pieces with great-tasting strawberry and yogurt flavoring. Individually wrapped in a single serve portion for a convenient, grab and go snack with 14 grams of whole grain per serving. Made without gelatin. No artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For USDA Child Nutrition Programs: meets 1.25 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks compliant, and is CACFP eligible.



Nutrition Facts

Servings per Container **60**
Serving size **1pouch(29g)**

Amount per serving
Calories 130

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugar	10%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.7mg	4%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

WHOLE WHEAT, ENRICHED CORN MEAL (DEGERMED YELLOW CORN MEAL, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN AND/OR RICE BRAN), YOGURT FLAVORED COATING (SUGAR, PALM KERNEL OIL, MALTODEXTRIN, YOGURT POWDER [CULTURED NONFAT MILK, WHEY PROTEIN CONCENTRATE, YOGURT CULTURES], NONFAT MILK SOLIDS, SOY LECITHIN, NATURAL FLAVOR), FRUCTOSE, DEXTROSE. CONTAINS 2% OR LESS OF: MALTODEXTRIN, SALT, NATURAL FLAVOR, MODIFIED CORN STARCH, DISTILLED MONOGLYCERIDES, TRISODIUM PHOSPHATE, CALCIUM CARBONATE, YELLOW CORN FLOUR, BAKING SODA, FRESHNESS PRESERVED BY BHT. CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

⚠ Allergens

Contains:



Handling Suggestions

Store in cool dry location

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready To Eat

📄 Product Specifications

Brand	Manufacturer	Product Category
SIMPLY CHEX	GENERAL MILLS, INC.	Beans, Canned, Ref, Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
31937000	126894	10016000319377	60	60/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.5lb	6.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16in	10in	10in	0.93ft3	12x3	186DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	130	Total Fat	3g	Sodium	55mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	23g	Saturated Fat	1g	Iron	0.7mg
Sugars	6g	Added Sugars	5g	Potassium	0mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images



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Amount per serving	
Calories	130
Total Fat 3g	4% % Daily Value*
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 55mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 5g Added Sugars	11%
Protein 2g	
Iron 0.7mg	4%

Not a significant source of vitamin D, calcium and potassium.
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000-calorie diet is used for general nutrition advice.