



G MILLS

126979 - Snack Chex Mix Cheddar

A savory mix of Chex(TM) cereal pieces, pretzels, mini breadsticks, and crispy crackers mixed with cheddar seasoning. Individually packaged in a single serve portion for a convenient, grab and go snack, with 60% less fat than potato chips. Available in bulk, 60-1.75 oz bags.



Nutrition Facts

Servings per Container 60
Serving size 1pouch(49g)

Amount per serving
Calories 210

| | % Daily Value* |
|-------------------------------|----------------|
| Total Fat 6g | 8% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 380mg | 17% |
| Total Carbohydrate 36g | 13% |
| Dietary Fiber 2g | 7% |
| Total Sugars 5g | |
| Includes 5g Added Sugar | 10% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 1mg | 6% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

- Contains 60% less fat than potato chips
- Zero Trans Fat
- Contains zero grams trans fat.
- Individually wrapped single serve portion is great for grab and go, kiosks, and vending machines.

Ingredients

ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEGERMED YELLOW CORN MEAL, WHOLE WHEAT, VEGETABLE OIL (SOYBEAN, CANOLA, SUNFLOWER AND/OR RICE BRAN), SUGAR, WHEY POWDER, CORN SYRUP SOLIDS. CONTAINS 2% OR LESS OF: SALT, HIGH FRUCTOSE CORN SYRUP, YEAST, SOUR CREAM (CREAM, NONFAT MILK, CULTURES), NATURAL AND ARTIFICIAL FLAVOR, BAKING SODA, BARLEY MALT SYRUP, BUTTER CONCENTRATE (CREAM, SALT, NATURAL FLAVOR), ANNATTO, WHEY, DISTILLED MONOGLYCERIDES, ONION POWDER, DRIED CHEDDAR CHEESE (MILK, CHEESE CULTURES, SALT, ENZYMES), TRISODIUM PHOSPHATE, YELLOW CORN FLOUR, CALCIUM CARBONATE, SODIUM ACID PYROPHOSPHATE, YELLOW 5, MALTODEXTRIN, YELLOW 6, CHEDDAR CHEESE POWDER (MILK, SALT, CHEESE CULTURES, ENZYMES, DISODIUM PHOSPHATE), SOUR CREAM SOLIDS (SOUR CREAM [CREAM, CULTURES, LACTIC ACID], CULTURED NONFAT DRY MILK SOLIDS, CITRIC ACID), MONOCALCIUM PHOSPHATE, AUTOLYZED YEAST EXTRACT, YELLOW 5 LAKE, DISODIUM PHOSPHATE, YELLOW 6 LAKE, LACTIC ACID, CITRIC ACID, SPICE. FRESHNESS PRESERVED BY SODIUM METABISULFITE AND BHT.

Allergens

Contains:

- milk
- wheat

May Contain:

- soy

Handling Suggestions

Store in cool dry location

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready To Eat

Product Specifications

| Brand | Manufacturer | Product Category |
|---------|---------------------|------------------|
| G MILLS | GENERAL MILLS, INC. | Grocery |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|----------|--------|----------------|------|------------|
| 12408000 | 126979 | 00016000124080 | 60 | 60/1.7 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 8lb | 7.78lb | USA | | No |

| Shipping Information | | | | | | |
|----------------------|-------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 16in | 10in | 10in | 0.93ft3 | 12x3 | 0DAYS | 40°F / 111°F |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|-----|---------------------|------|--------------|-------|
| Calories | 210 | Total Fat | 6g | Sodium | 380mg |
| Protein | 3 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates... | 36g | Saturated Fat | 1g | Iron | 1mg |
| Sugars | 5g | Added Sugars | 5g | Potassium | 0mg |
| Dietary Fiber | 2g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(U) | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12 | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

