



CHEX

126987 - Snack Chex Mix Traditional

A mix of whole grain Chex(TM) cereal pieces, pretzels, mini breadsticks, and crispy crackers mixed with a unique flavor. Individually wrapped in a single serve portion for a convenient, grab and go snack with 60% less fat than potato chips. Available in bulk, 60-1.75 oz bags.



Nutrition Facts

Servings per Container 60
Serving size 1pouch (49g)

Amount per serving
Calories 210

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 430mg	19%
Total Carbohydrate 37g	13%
Dietary Fiber 2g	7%
Total Sugars 4g	
Includes 3g Added Sugar	6%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.3mg	7%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

A savory mix of Chex cereal pieces, pretzels, mini breadsticks, and crispy crackers mixed with a unique, bold seasoning. 60 Individually wrapped, single serve portions are great for grab and go, kiosks, and vending machines. This single portion size is recommended for vending machines, micromarts, and kiosks. Zero Trans Fat and contains 60% less fat than Potato Chips making Chex Mix a great snack for a consumer looking for a better for you salty snack.

Ingredients

Degermed Yellow Corn Meal, Whole Wheat, Enriched Flour (wheat flour, niacin, iron, riboflavin, thiamin mononitrate, folic acid), Vegetable Oil (soybean, high oleic soybean, high oleic canola, high oleic sunflower, fractionated palm, palm olein and/or palm), Rye Flour, Sugar. Contains 2% or less of: Salt, Yeast, Maltodextrin, Baking Soda, Spice, Dextrose, Caramel Color, Distilled Monoglycerides, Malted Barley Extract, Barley Malt Syrup, Autolyzed Yeast, Yellow Corn Flour, Trisodium Phosphate, Calcium Carbonate, Dried Onion, Dried Garlic, Hydrolyzed Soy Protein, Rye Flour, Fumaric Acid, Citric Acid, Caraway, Disodium Inosinate, Disodium Guanylate, Paprika Extract (color), Natural Flavor, Sodium Diacetate. Freshness Preserved by BHT.

Allergens

Contains:

soy wheat

Handling Suggestions

Keep in a cool, dry place

Serving Suggestions

Serve as is

Prep & Cooking Suggestions

Ready to eat

Product Specifications

Brand	Manufacturer	Product Category
CHEX	GENERAL MILLS, INC.	Grocery

MFG #	SPC #	GTIN	Pack	Pack Desc.
1240000	126987	00016000124004	60	60/1.7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8lb	7.3lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16in	10in	10in	0.93ft3	12x3	0DAYS	40°F / 111°F



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Nutrition Analysis - By Serving

Calories	210	Total Fat	6g	Sodium	430mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	37g	Saturated Fat	1.5g	Iron	1.3mg
Sugars	4g	Added Sugars	3g	Potassium	100mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

