



CHEX

126988 - Snack \*Disc\* Chex Mix Hot & Spicy S/O

A mix of Chex Cereal, pretzels, mini breadsticks, and other items all mixed with a unique flavor. At least 60% less fat than potato chips and meet 35/10/35.



\* Benefits

Ingredients

Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Degermed Yellow Corn Meal, Whole Wheat, Vegetable Oil (soybean, canola, rice bran and/or sunflower), Sugar, Maltodextrin. Contains 2% or less of: Salt, Partially Hydrogenated Soybean Oil, Spices, Monosodium Glutamate, Colored with (beet powder, annatto extract, extractives of paprika, yellow 6, yellow 5, yellow 6 lake, yellow 6 lake), High Fructose Corn Syrup, Malt Syrup, Baking Soda, Yeast, Onion Powder, Garlic Powder, Natural Flavor, Yeast Extract, Whey, Distilled Monoglycerides, Margarine (partially hydrogenated soybean oil, water, salt, mono and diglycerides, whey, soy lecithin, artificial flavor, colored with beta-carotene, Vitamin A palmitate), Hydrolyzed Soy Protein, Tricalcium Phosphate, Sodium Phosphate, Yellow Corn Flour, Calcium Carbonate, Soy Lecithin, Dried Cheddar Cheese (milk, cheese cultures, salt, enzymes), Sodium Acid Pyrophosphate, Corn Syrup Solids, Cheddar Cheese Powder (milk, salt, cheese cultures, enzymes, disodium phosphate), Sour Cream Solids (sour cream [cream, cultures, lactic acid], cultured nonfat dry milk solids, citric acid), Natural Smoke Flavor, Sodium Metabisulfite (dough conditioner), Autolyzed Yeast Extract, Freshness Preserved by BHT. CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

⚠ Allergens

Contains:

milk soy wheat

Nutrition Facts

Servings per Container 182  
Serving size 1/2cup(28g)

Amount per serving  
**Calories 120**

	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes Added Sugar	%
Protein 2g	
Vitamin D	%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in cool dry location

Serving Suggestions

Great as a ready-to-serve snack

Prep & Cooking Suggestions

Ready to serve and eat

Product Specifications

Brand	Manufacturer
CHEX	GENERAL MILLS, INC.

MFG #	SPC #	GTIN	Pack	Pack Desc.
35184000	126988	10016000351841	6	6/30 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
14.63lb	11.25lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
17.37in	13.12in	16.87in	2.23ft3	8x3	248DAYS	40°F / 111°F



CHEX

126988 - Snack \*Disc\* Chex Mix Hot & Spicy S/O

A mix of Chex Cereal, pretzels, mini breadsticks, and other items all mixed with a unique flavor. At least 60% less fat than potato chips and meet 35/10/35.



Nutrition Analysis - By Serving

Calories	120	Total Fat	3.5g	Sodium	170mg
Protein	2	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	21g	Saturated Fat	0.5g	Iron	0mg
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

