



J&J SNACK

156074 - Cracker Crunch And Crave Original S/O

Convenient Single-Serve Packages  
0g Trans Fat  
USDA Approved - 1-2 Serving grains  
Ideal For Kids Meals, Menus and Boxed Lunches  
No Artificial Colors, Flavors  
Smart Snack Approved  
Good Source of Fiber  
Vegetarian



# Nutrition Facts

1 Servings Per Container

Serving size 1package (45g)

Amount per serving  
**Calories 190**

% Daily Value\*

<b>Total Fat</b> 6 g	<b>%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 200 mg	<b>9%</b>
<b>Total Carbohydrate</b> 30 g	<b>11%</b>
Dietary Fiber 4 g	<b>14%</b>
Total Sugars 5 g	
Includes Added Sugar	<b>%</b>
<b>Protein</b> 4 g	
Vitamin D	<b>%</b>
Calcium	<b>6%</b>
Iron	<b>8%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## \* Benefits

### Ingredients

WHOLE WHEAT FLOUR, CANOLA OIL, SUGAR, CORN STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: SUGARCANE MOLASSES, AMMONIUM BICARBONATE, BAKING SODA, MONOCALCIUM PHOSPHATE (LEAVENING), SALT, ENZYMES. CONTAINS WHEAT.

### Allergens

Contains:



## Handling Suggestions

Storage at ambient temperature will give 240 shelf life.

## Serving Suggestions

Open package and serve as is.

## Prep & Cooking Suggestions

Open package and serve as is.

## Product Specifications

Brand	Manufacturer
J&J SNACK	J&J Snack Foods Corp.

MFG #	SPC #	GTIN	Pack	Pack Desc.
2049192	156074	10073321491922	100	100 / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.12 lb	10 lb		Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.48 in	12.85 in	12 in		6x5	240 DAYS	32 °F / 75 °F



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## Nutrition Analysis - By Serving

Calories	190	Total Fat	6 g	Sodium	200 mg
Protein	4	Trans Fats	0 g	Calcium	
Total Carbohydrates...	30 g	Saturated Fat	0 g	Iron	
Sugars	5 g	Added Sugars		Potassium	
Dietary Fiber	4 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

