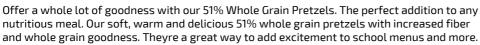


#### **J&J SNACK**

# 162027 - Pretzel I/W Wg 2.2 Oz S/O







### \* Benefits

Provides various grains/breads for the Child Nutrition Program Delivers up to 4 g fiber per pretzel, depending on size Simply heat and serve

#### Ingredients

WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: CORN SYRUP, WHEAT GLUTEN, BARLEY MALT POWDER (BARLEY MALT FLOUR, DEXTROSE, WHEAT FLOUR), DOUGH CONDITIONER (WHEAT FLOUR, SALT, SOYBEAN OIL, L-CYSTEINE, ASCORBIC ACID, ENZYMES), ASCORBIC ACID **BICARBONATES AND CARBONATES OF** SODA.

A Allergens

#### **Contains:**



#### Free From:









# **Nutrition Facts**

Servings per Container 100 1Pretzel (62g) Serving size

# Amount per serving Calories

140

% Dai	ly Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 5g	_
Vitamin D Omeg	0%
Vitamin D 0mcg	U70
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Handling Suggestions

Keep Frozen (0 F or below) Shelf life up to one year when stored properly.

#### Serving Suggestions

Thaw and serve.

# Prep & Cooking Suggestions

1)Product can be Thaw and Serve 2)Product can be reheated in the oven by removing the pretzel from the film, preheat oven to 350-400F. Lightly mist frozen soft pretzel with water, then sprinkle with salt if desired. Place pretzel in the oven and bake for 3-5 minutes. 3)Microwave - Product can be reheated in the microwave by removing the pretzel from the film, lightly mist frozen soft pretzel with water, sprinkle salt if desired, microwave on high for 20-40 seconds. Heating times and temperatures may vary.

#### **Product Specifications**

Brand	Manufacturer		
J&J SNACK	J&J SNACK FOODS FSC		

MFG #	SPC #	GTIN	Pack	Pack Desc.
30410	162027	10073321304109	100	100/2.2 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
14.75lb	13.75lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
23.5in	9.25in	12.75in	1.6ft3	1x1	0DAYS	0°F / 32°F





#### J&J SNACK

# 162027 - Pretzel I/W Wg 2.2 Oz S/O



Offer a whole lot of goodness with our 51% Whole Grain Pretzels. The perfect addition to any nutritious meal. Our soft, warm and delicious 51% whole grain pretzels with increased fiber and whole grain goodness. Theyre a great way to add excitement to school menus and more.

## Nutrition Analysis - By Serving

Calories	140	Total Fat	1g	Sodium	150mg
Protein	5	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	30g	Saturated Fat	0g	Iron	0mg
Sugars	1g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

# Additional Images













