



J&J SNACK

162179 - Pretzel Braid Bavarian 7 Oz S/O

Upgrade your menu with Bavarian-style soft pretzels & rolls to bring an authentic pretzel experience to your customers. These pretzels dont just taste great, they also deliver an artisan touch to your establishment.



Nutrition Facts

Servings per Container 200
Serving size1/4pretzel(1.75oz./50g)

Amount per serving
Calories 130

	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 4g	
Vitamin D 0.2mcg	1%
Calcium 10mg	1%
Iron 1.8mg	10%
Potassium 40mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

UPC 073321032531

Ingredients

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, BICARBONATES AND CARBONATES OF SODA. SALT PACKET: SALT

Allergens

Contains:

wheat

Free From:

shellfish eggs fish milk
peanuts sesame soy tree nuts

Handling Suggestions

Keep Frozen (0 F or below) Shelf life up to one year when stored properly.

Serving Suggestions

Bake and serve.

Prep & Cooking Suggestions

Oven 1) Preheat oven to 375F.* 2) Lightly mist frozen soft pretzel with water, then sprinkle with salt or press face down in a bed of salt. 3) Place salted soft pretzel in the oven and cook for 4-6 minutes.*
Microwave 1) Lightly mist frozen soft pretzel with water, then sprinkle with salt or press face down in a bed of salt. 2) Place salted soft pretzel on a microwaveable safe tray. 3) Microwave on HIGH for 75-105 seconds.*
* Heating times and temperatures may vary.

Product Specifications

Brand	Manufacturer
J&J SNACK	J&J SNACK FOODS FSC

MFG #	SPC #	GTIN	Pack	Pack Desc.
3253	162179	10073321032538	50	50/7 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24.19lb	22.5lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.87in	15.87in	7.62in	1.67ft3	1x1	0DAYS	0°F / 32°F



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Nutrition Analysis - By Measure

Calories	130	Total Fat	0.5g	Sodium	70mg
Protein	4	Trans Fats	0g	Calcium	10mg
Total Carbohydrates...	26g	Saturated Fat	0g	Iron	1.8mg
Sugars	0g	Added Sugars	0g	Potassium	40mg
Dietary Fiber	1g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0.2mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images

