



ESSENTIALS

171595 - Spice*Nutmeg Ground



* Benefits

Nutrition Facts

Servings per Container 906
Serving size 1/4tsp. (0.5g)

Amount per serving
Calories 5

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ground Nutmeg.

Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

Product Specifications

Serving Suggestions

Prep & Cooking Suggestions

Brand	Manufacturer
ESSENTIALS	The C.F.Sauer Company

MFG #	SPC #	GTIN	Pack	Pack Desc.
03588	171595	10018687022779	6	6 / 1.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
7.27lb	6lb	IDN		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.63in	6.25in	8in		36x1	1095DAYS	40°F / 80°F



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Nutrition Analysis - By Serving

Calories	5	Total Fat	0g	Sodium	0mg
Protein	0	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0mg
Sugars	0g	Added Sugars	0g	Potassium	0mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images

