



ST CLAIR

# 195247 - Entree Casserole Broccoli Rice & Cheese

easy to prepare - bake and serve



## \* Benefits

## Nutrition Facts

Servings per Container 76  
Serving size 120g

Amount per serving  
**Calories 160**

	% Daily Value*
<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 420mg	<b>18%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes Added Sugar	<b>%</b>

<b>Protein</b> 5g	
Vitamin D	<b>%</b>
Calcium	<b>10%</b>
Iron	<b>4%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

INGREDIENTS: WATER, BROCCOLI, COOKED RICE (Water, Long Grain Parboiled Rice Enriched with Ferric Phosphate, Niacin, and Thiamine Mononitrate), PASTEURIZED PROCESS AMERICAN CHEESE (Cultured Milk, Water, Cream, Salt, Sodium Phosphate, Sodium Citrate, Lactic Acid, Sorbic Acid (a preservative), Apocarotenal (color), Enzymes), Sodium Phosphate, Milkfat, Salt, Apocarotenal (color), NON DAIRY CREAMER (Corn Syrup Solids, Sunflower Oil, Sodium Caseinate (a milk derivative), Dipotassium Phosphate, Soy Lecithin, Sodium Silico aluminat, Tocopherols added to help protect flavor, Artificial Flavor & Artificial Color), MARGARINE (Liquid and Partially Hydrogenated Soybean Oil, Water, Salt, Whey, Soybean Lecithin, Vegetable Mono and Diglycerides, Sodium Benzoate as preservative, colored with Beta Carotene, Artificially Flavored, Vitamin A Palmitate Added), ONIONS, CELERY, CHICKEN BASE (Roasted Mechanically Separated Chicken, Salt, Sugar, Hydrolyzed Wheat Gluten, Chicken Fat, Onion Powder, Disodium Inosinate, Disodium Guanylate, Extractives of Turmeric, Spice Extractive), NON FAT DRY MILK (Skim Milk Solids), ENRICHED BLEACHED WHEAT FLOUR (niacin, iron (reduced), thiamine, mononitrate, riboflavin, folic acid), malted barley flour), MODIFIED CORN STARCH, GELATIN, MALTODEXTRIN, SALT, AUTOLYZED YEAST (Yeast Extract, Partially Hydrogenated Sunflower Oil), XANTHAN GUM, GARLIC POWDER, HYDROLYZED PLANT PROTEIN (Hydrolyzed Corn Protein, Partially Hydrogenated Oil [Soybean and Cottonseed] added), SPICE, NATURAL CHEESE FLAVOR (Maltodextrin, Whey Solids, Natural Cheddar Cheese Flavor, Natural Blue Cheese Flavor, Salt, Disodium Phosphate), ANNATTO/TURMERIC (Silica Gel, Propylene Glycol, Polysorbate 80, Purified Turmeric, Purified Annatto, Potassium Hydroxide), CONTAINS: Milk, Soy, Wheat.

## Allergens

### Contains:



### May Contain:



### Free From:



## Handling Suggestions

Aluminum pans in a case. Frozen

## Serving Suggestions

Serve as a hot side with an entree or on a buffet.

## Prep & Cooking Suggestions

Ready to bake in convection or conventional oven

## Product Specifications

Brand	Manufacturer	Product Category
ST CLAIR	ST. CLAIR FOODS	Potatoes, Frozen & Processed

MFG #	SPC #	GTIN	Pack	Pack Desc.
806023	195247	10077171860235	4	4/4.75#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	19lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
21.25in	13.25in	4.75in	0.77ft3	5x10	360DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	160	Total Fat	7g	Sodium	420mg
Protein	5	Trans Fats	0g	Calcium	
Total Carbohydrates...	17g	Saturated Fat	2.5g	Iron	
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	10mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

### Additional Images

