

HILAND

195602 - Milk Skim Fat Free Gallon



Although skim milk has fewer calories and no fat, it still measures up to the other varieties of milk when it comes to nutritional value and calcium. Excellent way to get calcium intake without the unwanted excess fat and calories.



* Benefits

Ingredients	▲ Allergens

Nutrition Facts

Servings per Container Serving size

Amount per serving Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	. %
Protein	_
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Maintain below 40 degrees F.

Serving Suggestions

Beverage for any meal or snack.

Prep & Cooking Suggestions

Open and Serve

Product Specifications

Brand	Manufacturer
HILAND	HILAND DAIRY

MFG # SPC # GTIN		GTIN	Pack	Pack Desc.
1413	195602	30072060001915	4	4/1 GAL

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
43lb	40lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.7in	12.6in	10.9in	1.01ft3	9x3	360DAYS	33°F / 39°F





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Nutrition Analysis

Calories	Total Fat	Sodium
Protein	Trans Fats	Calcium
Total Carbohydrates•••	Saturated Fat	Iron
Sugars	Added Sugars	Potassium
Dietary Fiber	Polyunsaturated Fat	Zinc
Lactose	Monounsaturated Fat	Phosphorus
Sucrose	Cholesterol	
Vitamin A(IU)•	Vitamin D	Thiamin
Vitamin A(RE)	Vitamin E	Niacin
Vitamin C	Folate	Riboflavin
Magnesium	Vitamin B-6	Vitamin B-1 2∙
Monosodium	Sulphites	Nitrates

0	Additional Images	

