HILAND

195611 - **Milk Homogenized Half Gallon**

Milk has long been a popular beverage, not only for its flavor, but because of its nutritional attributes. Milk is considered one of the best sources of calcium in our diet and it also provides protein, vitamins and other minerals.

Nutrition Facts

Servings per Container
Serving size **1cup (1Cup(US))**

Amount per serving

Calories	**150**
	% Daily Value*
Total Fat 8g	**10%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 120mg	**5%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 0g	**0%**
Total Sugars 11g	
Includes 0g Added Sugar	**0%**
Protein 8g	
Vitamin D 2.5mcg	**13%**
Calcium 290mg	**22%**
Iron 0.1mg	**1%**
Potassium 340mg	**7%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Grade A Milk & Vitamin D3.

Allergens

Contains:

milk

Free From:

crustaceans, shellfish, eggs, fish, peanuts, sesame, soy, tree nuts, wheat

Handling Suggestions

Maintain below 40 degrees F.

Serving Suggestions

Beverage for any meal or snack.

Prep & Cooking Suggestions

Open and serve.

Product Specifications

Brand	Manufacturer	Product Category
HILAND	HILAND DAIRY	Milk, White & Flavored

MFG #	SPC #	GTIN	Pack	Pack Desc.
1111	195611	20072060001116	9	9/.5 GAL

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
39lb	36lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.7in	12.7in	11in	1.03ft3	36x4	360DAYS	33°F / 39°F

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Nutrition Analysis - By Serving

Calories	150	Total Fat	8g	Sodium	120mg
Protein	8	Trans Fats	0g	Calcium	290mg
Total Carbohydrates•••	11g	Saturated Fat	5g	Iron	0.1mg
Sugars	11g	Added Sugars	0g	Potassium	340mg
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35mg		
Vitamin A(IU)•		Vitamin D	2.5mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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