**HILAND**

# 195885 - **Milk Skim Half Gallon**

Although skim milk has fewer calories and no fat, it still measures up to the other varieties of milk when it comes to nutritional value and calcium. Excellent way to get calcium intake without the unwanted excess fat and calories.

SGC FOODSERVICE

## Nutrition Facts

| | |
|---|---|
| **Servings per Container** | **8** |
| **Serving size** | **1cup (1Cup(US))** |
| **Amount per serving** | |
| **Calories** | **80** |
| | **% Daily Value*** |
| **Total Fat** 0g | **0%** |
| Saturated Fat 0g | **0%** |
| *Trans* Fat 0g | |
| **Cholesterol** 5mg | **2%** |
| **Sodium** 120mg | **5%** |
| **Total Carbohydrate** 11g | **4%** |
| Dietary Fiber 0g | **0%** |
| Total Sugars 11g | |
| Includes 0g Added Sugar | **0%** |
| **Protein** 8g | |
| Vitamin D 2.5mcg | **13%** |
| Calcium 300mg | **23%** |
| Iron 0.1mg | **1%** |
| Potassium 360mg | **8%** |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Benefits

## Ingredients

Grade A Skim Milk, Vitamin A Palmitate and Vitamin D3, Lactase

## Allergens

**Contains:**

milk

**Free From:**

crustaceans, shellfish, eggs, fish, peanuts, sesame, soy, tree nuts, wheat

## Handling Suggestions

Maintain below 40 degrees F.

## Serving Suggestions

Beverage for any meal or snack.

## Prep & Cooking Suggestions

Open and Serve

## Product Specifications

| Brand | Manufacturer | Product Category |
|---|---|---|
| HILAND | HILAND DAIRY | Milk, White & Flavored |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|---|---|---|---|---|
| 1433 | 195885 | 20072060019111 | 9 | 9/.5 GAL |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|---|---|---|---|---|
| 39lb | 36lb | USA | Yes | No |

| Shipping Information | | | | | | |
|---|---|---|---|---|---|---|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To |
| 0in | 0in | 0in | 1ft3 | 9x4 | 360DAYS | 33°F / 39°F |

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## Nutrition Analysis - By Serving

| | | | | | |
|---|---|---|---|---|---|
| Calories | 80 | Total Fat | 0g | Sodium | 120mg |
| Protein | 8 | Trans Fats | 0g | Calcium | 300mg |
| Total Carbohydrates••• | 11g | Saturated Fat | 0g | Iron | 0.1mg |
| Sugars | 11g | Added Sugars | 0g | Potassium | 360mg |
| Dietary Fiber | 0g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 5mg | | |
| Vitamin A(IU)• | 150 | Vitamin D | 2.5mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12• | |
| Monosodium | | Sulphites | | Nitrates | |

## Additional Images

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