



HILAND

197634 - Cheese Cottage Cup 4 Oz



Nutrition Facts

Servings per Container
Serving size

Amount per serving
Calories

	% Daily Value*
Total Fat	%
Saturated Fat	%
Trans Fat	
Cholesterol	%
Sodium	%
Total Carbohydrate	%
Dietary Fiber	%
Total Sugars	
Includes Added Sugar	%
Protein	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients	⚠ Allergens

Handling Suggestions	📄 Product Specifications																					
Serving Suggestions	<table border="1"> <thead> <tr> <th>Brand</th> <th>Manufacturer</th> <th>Product Category</th> </tr> </thead> <tbody> <tr> <td>HILAND</td> <td>HILAND DAIRY</td> <td>Fish, Commodity</td> </tr> </tbody> </table>	Brand	Manufacturer	Product Category	HILAND	HILAND DAIRY	Fish, Commodity															
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Nutrition Analysis

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates...		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

