HILAND

197634 - **Cheese Cottage Cup 4 Oz**

SGC FOODSERVICE

Nutrition Facts

Servings per Container
Serving size

Amount per serving
Calories

	% Daily Value*
Total Fat	**%**
Saturated Fat	**%**
Trans Fat	
Cholesterol	**%**
Sodium	**%**
Total Carbohydrate	**%**
Dietary Fiber	**%**
Total Sugars	
Includes Added Sugar	**%**
Protein	
Vitamin D	**%**
Calcium	**%**
Iron	**%**
Potassium	**%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

Allergens

Handling Suggestions

Serving Suggestions

Prep & Cooking Suggestions

Product Specifications

Brand	Manufacturer	Product Category
HILAND	HILAND DAIRY	Fish, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
20283	197634	11111111111111		12/4 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.5lb	4lb		No	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
0in	0in	0in	0.2cf	1x1	360days	33 / 39

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Nutrition Analysis

Calories		Total Fat		Sodium	
Protein		Trans Fats		Calcium	
Total Carbohydrates•••		Saturated Fat		Iron	
Sugars		Added Sugars		Potassium	
Dietary Fiber		Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol			
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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