

### SEABOARD 200699 - Pork Chop Prime Miscut

Miscut chops are a perfect value alternative. Our chops are part of the Prairie Fresh connected food system, so you know you will get great tasting pork, every time. Boneless chops are perfect for a variety of meals.



		<b>Nutrition Facts</b>		
	Servings per Container 40 Serving size 4.00OZ (4oz)			
		Amount per serving Calories	60	
			ily Value*	
		Total Fat 7g	12%	
		Saturated Fat 2.5g	13%	
		<i>Trans</i> Fat 0g		
		Cholesterol 65mg	22%	
<b>★</b> Benefits		Sodium 260mg	11%	
•		Total Carbohydrate Og	0%	
Product of the USA. USDA approved.		Dietary Fiber 0g	0%	
Perfect for a variety of meals. Tender and delicious.		Total Sugars 0g		
Variety of sizes. Use in multiple dayparts.		Includes Added Sugar	%	
Ingredients	Allergens	Protein 21g		
lingreulents	Allergens			
Basted with up to 16% Solution Of Water, Potassium Chloride, Vinegar, Natural Flavor.	Free From:	Vitamin D 0mcg	0%	
	() crustaceans () eggs () fish () milk	Calcium 0mg	0%	
		Iron Omg	0%	
	🚫 peanuts 🛞 soy 💮 tree nuts 鱶 wheat	Potassium	%	
		* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. a day is used for general nutrition advice.		

# Product Specifications

Brand

Keep refrigerated. May be frozen.

Handling Suggestions

Serving Suggestions

Slice and serve with side dishes.

## Prep & Cooking Suggestions

Ready to cook. Roast or grill until internal temperature of 155-160 degrees F. Let rest 10 minutes. Slice and serve.

	SEABOARD		SEABOARD FOODS			
MFG #	SPC #		GTIN	Pack	Pack Desc.	
699	200699	10886	476006992	1	1/10#	
Gross Weig	ht Net Weig	ht Cou	ntry of Origin	Kosher	Child Nutrition	
10.8lb 10lb		USA				

Manufacturer

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.31in	10.18in	4.38in	0.42ft3	10x12	365DAYS	0°F / 32°F





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#### **Nutrition Analysis**

Calories	60	Total Fat	7g	Sodium	260mg
Protein	21	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	Og	Saturated Fat	2.5g	Iron	0mg
Sugars	Og	Added Sugars		Potassium	
Dietary Fiber	Og	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	65mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

#### Additional Images

