

#### **J&J SNACK**

# 201087 - Waffle Dutch Wg 5 Inch



A healthier, great-tasting 51% Whole Grain Dutch Waffle. This delicious and nutritious Dutch Waffle is perfect for K-12 menus and more. Kids and adults alike will love it for breakfast or lunch, especially when served with fruit.



#### \* Benefits

300 Calories and 2 servings of grains 51% whole grain Cool School Caf qualifying product

### Ingredients

WHOLE WHEAT FLOUR, SOYBEAN OIL, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: ARTIFICIAL FLAVOR, CELLULOSE GUM, DEFATTED SOY FLOUR, EGG YOLKS, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE), MONO- AND DIGLYCERIDES, NONFAT MILK, SALT.

A Allergens

#### **Contains:**







#### Free From:







# **Nutrition Facts**

Servings per Container 1waffle (83g) Serving size

## Amount per serving Calories

330

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% Da	aily Value*
Total Fat 19g	24%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 330mg	14%
Total Carbohydrate 38g	14%
Dietary Fiber 3g	11%
Total Sugars 12g	
Includes 11g Added Sugar	22%
Protein 4g	_
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.5mg	8%
Potassium 120mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in

a day is used for general nutrition advice.

a serving of food contributes to a daily diet. 2,000 calories

# Handling Suggestions

Keep Frozen (0 F or below). Shelf life up to one year when stored properly.

### Serving Suggestions

Bake and Serve.

# Prep & Cooking Suggestions

Oven 1) Preheat oven to 450F.\* 2) Remove frozen product from case and place on tray, then heat for 3-4 minutes.\* 3) Sprinkle with confectioners sugar or any other topping. Fryer 1) Preheat fryer to 375F.\* 2) Remove frozen product from case and place in fryer for 30 seconds.\* 3) Sprinkle with confectioners sugar or any other topping. \* Heating times and temperatures may vary.

### Product Specifications

Brand	Manufacturer		
J&J SNACK	J&J SNACK FOODS FSC		

MFG #	SPC#	GTIN	Pack	Pack Desc.
4521	201087	10073321045217	48	48/2.85 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.48lb	8.57lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.4in	11.12in	10.62in	1.05ft3	10x3	0DAYS	0°F / 32°F





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# Nutrition Analysis - By Serving

Calories	330	Total Fat	19g	Sodium	330mg
Protein	4	Trans Fats	0g	Calcium	30mg
Total Carbohydrates	38g	Saturated Fat	3g	Iron	1.5mg
Sugars	12g	Added Sugars	11g	Potassium	120mg
Dietary Fiber	3g	Polyunsaturated Fat	0g	Zinc	0
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	15mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites	_	Nitrates	

# Additional Images













