BON SECOUR

201312 - **Mahi Whole Loin Fillet 5 7#**

SGC FOODSERVICE

Nutrition Facts

Servings per Container
Serving size **100g (100grams)**

Amount per serving

Calories	**85**
	% Daily Value*
Total Fat 0.7g	**0%**
Saturated Fat 0.19g	**1%**
Trans Fat	
Cholesterol 73mg	**24%**
Sodium 88mg	**4%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes Added Sugar	**%**
Protein 18.5g	
Vitamin D	**%**
Calcium	**%**
Iron	**%**
Potassium	**%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Benefits

Ingredients

mahi mahi

Allergens

Handling Suggestions

Serving Suggestions

Prep & Cooking Suggestions

Product Specifications

Brand	Manufacturer	Product Category
BON SECOUR	BON SECOUR -STOCKED	Fish, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
35170	201312	00080564351707		1/50#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
50lb	50lb		No	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
0in	0in	0in	1.2cf	7x3	365days	0 / 32

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Nutrition Analysis

Calories	85	Total Fat	0.7g	Sodium	88mg
Protein	18.5	Trans Fats		Calcium	
Total Carbohydrates•••	0g	Saturated Fat	0.19g	Iron	
Sugars	0g	Added Sugars		Potassium	
Dietary Fiber	0g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	73mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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