



GOLDEN TIGER

202136 - Appetizer Potsticker Vegetable S/O

Asian style dumplings filled with exquisite vegetables including cabbage, water chestnuts and bamboo shoots; flavored with a special seasoning blend & umami. Authentic taste for versatile menu applications. Made with a durable wrapper for a crispy texture when pan fried.



* Benefits

Nutrition Facts

Servings per Container **24**
Serving size **5pcs (142g)**

Amount per serving
Calories 210

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 570mg	25%
Total Carbohydrate 39g	14%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 1g Added Sugar	2%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.6mg	9%
Potassium 280mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cabbage, Celery, Carrots, Water Chestnut, Green Beans, Bamboo Shoot, Onion, Contains Less Than 2% Of: Rice Flour, Seasoning Blend (Dextrose, Dehydrated Soy Sauce [Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt], Modified Corn Starch, Dehydrated Garlic, Spice, Natural Flavor Enhancer [Autolyzed Yeast Extract, Natural Flavor], Dried Shiitake Mushroom Powder, Disodium Inosinate, Disodium Guanylate), Vermicelli (Green Mung Beans, Water), Salt, Soybean Oil, Rice, Sugar, Natural Flavor (Contains Torula Yeast), Modified Food Starch, Sesame Seed Oil, Shiitake Mushrooms (Water, Shiitake Mushrooms), Dried Portabella Mushroom Powder, Soy Sauce (Water, Soybeans, Salt, and Wheat Flour), Garlic, Spice.
CONTAINS: Wheat, Soy

Allergens

Contains:

sesame soy wheat

Free From:

crustaceans eggs fish milk
 peanuts tree nuts

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Serve as an appetizer with a dipping sauce or as a side item to an Entree or Asian Salad.

Prep & Cooking Suggestions

Product is ready to eat but can be heated using the following methods:
MICROWAVE: (1250 watt microwave). Place frozen potstickers on a microwave safe dish with 2 tablespoons of water and cover with plastic wrap. Allow 40 seconds per potsticker.

Product Specifications

Brand	Manufacturer	Product Category
GOLDEN TIGER	AJINOMOTO FOODS NORTH AM	Appetizers, Asian, Mexican

MFG #	SPC #	GTIN	Pack	Pack Desc.
56228	202136	30076366562286	120	120/1 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9lb	7.5lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16in	9.9in	5.7in	0.52ft3	12x7	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	210	Total Fat	3g	Sodium	570mg
Protein	6	Trans Fats	0g	Calcium	30mg
Total Carbohydrates...	39g	Saturated Fat	0g	Iron	1.6mg
Sugars	4g	Added Sugars	1g	Potassium	280mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

