



**BERNARDI**

# 202148 - Pasta Shell Cheese Stuffed

House Made Shells, high filling % to pasta, cook, sauce and serve.



## Nutrition Facts

Servings per Container **80**  
Serving size **1pc(s) (85g)**

Amount per serving  
**Calories 160**

% Daily Value\*

<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 2g	
Includes Added Sugar	<b>%</b>

<b>Protein</b> 9g	
Vitamin D	<b>%</b>
Calcium	<b>15%</b>
Iron	<b>4%</b>
Potassium	<b>%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### \* Benefits

### Ingredients

Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Vinegar, Stabilizer [Modified Food Starch, Guar Gum, Carrageenan], Salt), Water, Enriched Semolina Flour (Durum Wheat, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Parmesan Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Contains Less than 2% of: Eggs, Dehydrated Garlic, Modified Food Starch, Spices, Salt  
CONTAINS: WHEAT, EGGS, MILK

### ⚠ Allergens

#### Contains:

eggs milk wheat

#### Free From:

crustaceans fish peanuts sesame  
 soy tree nuts

### Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

### Serving Suggestions

Serve with desired amount of hot Marinara sauce or hot Alfredo sauce, or your favorite pasta-sauce, then sprinkle with shavings of Parmesan Cheese or Romano Cheese.

### Prep & Cooking Suggestions

Cooking Instructions Conventional Oven  
Instructions: Bake in a preheated 350F oven for 55 minutes. Cook until reaching a minimum internal temperature of 165F. NOTE: SINCE ALL TYPES OF COOKING EQUIPMENT AND EQUIPMENT'S SETTINGS MAY VARY, COOKING TIMES MAY REQUIRE ADJUSTING. Preparation Notes: FOR

### 📄 Product Specifications

Brand	Manufacturer
BERNARDI	AJINOMOTO FOODS NORTH AM

MFG #	SPC #	GTIN	Pack	Pack Desc.
74807	202148	10072883748079	3	80/3 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.5lb	15lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.56in	10.25in	8.13in	0.65ft3	14x3	0DAYS	0°F / 32°F



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## Nutrition Analysis - By Serving

Calories	160	Total Fat	7g	Sodium	390mg
Protein	9	Trans Fats	0g	Calcium	
Total Carbohydrates...	14g	Saturated Fat	4.5g	Iron	
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30mg		
Vitamin A(U)		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

## Additional Images

