



SIMPLOT

202744 - Asparagus Cuts And Tips

Bright green and tender without fibrous stalks; Saves on valuable time and labor; Consistent year-round supply, quality and pricing; 100% useable, no trim, loss or waste



* Benefits

Ingredients

ASPARAGUS.

⚠ Allergens

Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 13
Serving size 3/4cup(86g)

Amount per serving
Calories 25

| | % Daily Value* |
|-------------------------|----------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 3g | 1% |
| Dietary Fiber 1g | 4% |
| Total Sugars 1g | |
| Includes 0g Added Sugar | 0% |
| Protein 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 20mg | 2% |
| Iron 0.5mg | 3% |
| Potassium 220mg | 5% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

6/2.5 lb.

Serving Suggestions

Versatile ingredient for pasta, salads, grain bowls, quiche and more. A highly seasonal item, this ingredient allows you to enjoy the flavors of fresh all year long.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed. STEAMER1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 tbsp of water and cover.3. Cook on HIGH for 18 minutes, stirring halfway through cook time.

✏ Product Specifications

| Brand | Manufacturer | Product Category |
|---------|-------------------------|-----------------------------|
| SIMPLOT | JR SIMPLOT CALDWELL ID. | Vegetables, Canned & Frozen |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 16037 | 202744 | 10071179160373 | 6 | 6/2.5# |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 17lb | 15lb | CHL | | No |

| Shipping Information | | | | | | |
|----------------------|---------|--------|---------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 13.38in | 11.38in | 6in | 0.53ft3 | 10x2 | 0DAYS | 0°F / 32°F |



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Nutrition Analysis - By Serving

| | | | | | |
|------------------------|----|---------------------|------|---------------|-------|
| Calories | 25 | Total Fat | 0g | Sodium | 0mg |
| Protein | 2 | Trans Fats | 0g | Calcium | 20mg |
| Total Carbohydrates... | 3g | Saturated Fat | 0g | Iron | 0.5mg |
| Sugars | 1g | Added Sugars | 0g | Potassium | 220mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | | Folate | | Riboflavin | |
| Magnesium | | Vitamin B-6 | | Vitamin B-12• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images

