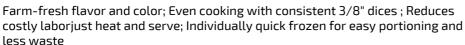


#### **SIMPLOT**

# 203548 - Pepper Green Diced Iqf







#### Benefits

Ingredients	▲ Allergens
GREEN BELL PEPPER.	Free From:    Continue   Continue

# **Nutrition Facts**

Servings per Container 132 3/4cup(79g) Serving size

### Amount per serving Calories

20

Calonies	20
% Dai	ly Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium Omg	0%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 1g	
Nii B Oosaas	00/
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	2%
Potassium 70mg	1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

#### **Handling Suggestions**

12/2 lb.

# Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for omelets, soups, salads, and pizzas.

## Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. SAUT1. Heat 1 Tbsp. of oil in a large skillet on MEDIUM-HIGH.2. Add one bag of frozen vegetables and cover. Saut for 9 minutes, stirring frequently. STEAMER1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 Tbsp. of water and cover.3. Cook on HIGH for 12 minutes, stirring halfway through cook time.

# Product Specifications

	Brand	Manufacturer	Product Category
	SIMPLOT	JR SIMPLOT CALDWELL ID.	Disposable Bowls & Cups
i			

MFG #	SPC #	GTIN	Pack	Pack Desc.
16505	203548	10071179165057	12	12/32 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.25lb	24lb	USA	Yes	No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
0in	0in	0in	0.78ft3	12x2	0DAYS	0°F / 32°F	





#### **SIMPLOT**

# 203548 - Pepper Green Diced Iqf



Farm-fresh flavor and color; Even cooking with consistent 3/8" dices; Reduces costly laborjust heat and serve; Individually quick frozen for easy portioning and less waste

#### Nutrition Analysis - By Serving

Calories	20	Total Fat	0g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	0mg
Total Carbohydrates	4g	Saturated Fat	0g	Iron	0.3mg
Sugars	2g	Added Sugars	0g	Potassium	70mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)	Vitamin E			Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

# Additional Images













