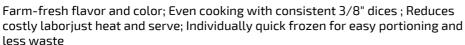


SIMPLOT

203548 - Pepper Green Diced Iqf







* Benefits

| Ingredients | Allergens |
|--------------------|--|
| GREEN BELL PEPPER. | Free From: Control co |

Nutrition Facts

Servings per Container 132 Serving size 3/4cup(79g)

Amount per serving Calories

20

| Galorics | 20 |
|-------------------------|-------------|
| % Da | aily Value* |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium Omg | 0% |
| Total Carbohydrate 4g | 1% |
| Dietary Fiber 1g | 4% |
| Total Sugars 2g | |
| Includes 0g Added Sugar | 0% |
| Protein 1g | _ |
| | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 0.3mg | 2% |
| Potassium 70mg | 1% |
| | |

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

12/2 lb.

Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for omelets, soups, salads, and pizzas.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. SAUT1. Heat 1 Tbsp. of oil in a large skillet on MEDIUM-HIGH.2. Add one bag of frozen vegetables and cover. Saut for 9 minutes, stirring frequently. STEAMER1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 Tbsp. of water and cover.3. Cook on HIGH for 12 minutes, stirring halfway through cook time.

Product Specifications

| Brand | Manufacturer | Product Category |
|---------|-------------------------|-----------------------------|
| SIMPLOT | JR SIMPLOT CALDWELL ID. | Vegetables, Canned & Frozen |

| MFG # | SPC # | GTIN | Pack | Pack Desc. |
|-------|--------|----------------|------|------------|
| 16505 | 203548 | 10071179165057 | 12 | 12/32 OZ |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 25.25lb | 24lb | USA | Yes | No |

| Shipping Information | | | | | | | |
|----------------------|-------|--------|---------|-------|------------|----------------------|--|
| Length | Width | Height | Volume | TIxHI | Shelf Life | Storage Temp From/To | |
| 0in | 0in | 0in | 0.78ft3 | 9x2 | 0DAYS | 0°F / 32°F | |





SIMPLOT

203548 - Pepper Green Diced Iqf



Farm-fresh flavor and color; Even cooking with consistent 3/8" dices; Reduces costly laborjust heat and serve; Individually quick frozen for easy portioning and less waste

Nutrition Analysis - By Serving

| Calories | 20 | Total Fat | 0g | Sodium | 0mg |
|---------------------|---------------------|---------------------|------|----------------|-------|
| Protein | 1 | Trans Fats | 0g | Calcium | 0mg |
| Total Carbohydrates | 4g | Saturated Fat | 0g | Iron | 0.3mg |
| Sugars | 2g | Added Sugars | 0g | Potassium | 70mg |
| Dietary Fiber | 1g | Polyunsaturated Fat | | Zinc | |
| Lactose | | Monounsaturated Fat | | Phosphorus | |
| Sucrose | | Cholesterol | 0mg | | |
| Vitamin A(IU)• | | Vitamin D | 0mcg | Thiamin | |
| Vitamin A(RE) | | Vitamin E | | Niacin | |
| Vitamin C | Vitamin C | | | Riboflavin | |
| Magnesium | Magnesium Vitamin E | | | Vitamin B-1 2• | |
| Monosodium | | Sulphites | | Nitrates | |

Additional Images













