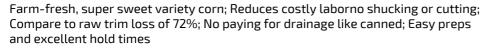


SIMPLOT 203919 - Corn Cut Simply Sweet Frozen





		Nutrition Facts			
		Servings per Container 144 Serving size 2/3cup(91g)			
	RECEI	Amount per serving Calories	90		
		% Daily Va			
		Total Fat 2g	3%		
		Saturated Fat 0g	0%		
		Trans Fat 0g			
		Cholesterol 0mg	0%		
≭ Benefits		Sodium Omg	0%		
•		Total Carbohydrate 16g	6%		
		Dietary Fiber 2g	7%		
		Total Sugars 8g			
		Includes 0g Added Sugar	0%		
Ingredients	Allergens	Protein 3g			
		 Vitamin D 0mcg	0%		
CORN.	Free From:	Calcium 0mg	0%		
	(crustaceans (mollusks () eggs	Iron 0mg	0%		
	ish (i) milk (i) peanuts (i) sesame	Potassium 200mg	4%		
	() soy () tree nuts () wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.			

Handling Suggestions

12/2.5 lb.

Serving Suggestions

This versatile ingredient is recipeready for sides, pastas, salads, soups and chowders, salsa, and more.

Prep & Cooking Suggestions

Food Safety Statement: KEEP FROZEN UNTIL READY TO USEIF THAWED, DO NOT REFREEZE. THAW AND SERVE1. Thaw unopened package no more than six days at =40F. STOVE TOP (optional)1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed. MICROWAVE (1100 WATTS) (optional)1. Add one bag of frozen vegetables and 2 Tbs. of water to a microwave safe dish.2. Cover and cook on HIGH for 14 minutes, stirring halfway through cook time.

Product Specifications

Brand N			Μ	anufacturer	Proc	Product Category		
SIMPLOT JR S			MPI	LOT CALDWELL ID.	Vegetables, Other			
MFG #	0	SPC #		GTIN	Pack	Pack Desc.		
18733	2	03919		10071179187332	12	12/40 OZ		
Gross Weight		Net Weight		Country of Origin	Kosher	Child Nutrition		
31.25lb		30lb		USA	Yes	No		
51.2510		5010		034	163	NO		

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
17.3in	11in	8.7in	0.96ft3	10x4	0DAYS	0°F / 32°F	



SIMPLOT 203919 - Corn Cut Simply Sweet Frozen



Farm-fresh, super sweet variety corn; Reduces costly laborno shucking or cutting; Compare to raw trim loss of 72%; No paying for drainage like canned; Easy preps and excellent hold times

Nutrition Analysis - By Serving

Calories	90	Total Fat	2g	Sodium	0mg
Protein	3	Trans Fats	Og	Calcium	0mg
Total Carbohydrates…	16g	Saturated Fat	Og	Iron	0mg
Sugars	8g	Added Sugars	Og	Potassium	200mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images



