

## simplot 203920 - Corn White S/O

Weve dedicated over 30 years to an exceptional variety of delicious vegetables. As a result, Simplot vegetables simply look and taste fantastic.



		<b>Nutrition Facts</b>		
		Servings per Container 12 Serving size 2/3cup(97g) (97Grams		
		Amount per serving Calories	100	
		% [	Daily Value*	
		Total Fat 0.5g	1%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol Omg	0%	
<b>★</b> Benefits		Sodium 0mg	0%	
		Total Carbohydrate 20g	7%	
		Dietary Fiber 3g	11%	
		Total Sugars 9g		
		Includes Added Sugar	%	
Ingredients	Allergens	Protein 3g		
Ingrealents	Attergens			
WHITE CORN.	Free From:	Vitamin D	%	
WHITE CORN.	crustaceans () eggs () fish () milk	Calcium	0%	
		Iron	2%	
	Soy peanuts 🛞 sesame 🛞 soy 💮 tree nuts	Potassium	%	
	() wheat	* The % Daily Value (DV) tells you how mu a serving of food contributes to a daily die a day is used for general nutrition advice.	et. 2,000 calories	

# Handling Suggestions

12/2.5#

Serving Suggestions

Simply Sweet White Corn, 12/2.5#

#### Prep & Cooking Suggestions

Keep frozen until ready to use. For food safety and quality, cook to a temperature of 165F. STOVE TOP: Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed. MICROWAVE (1100 WATTS): Place one bag of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 14 minutes, stirring halfway through cook time.

# Product Specifications

Brand		Manufacturer		Product Category	
SIMPLOT	JR SI	MPLOT CALDWELL ID.	Vege	tables, Other	
MFG #	SPC #	GTIN	Pack	Pack Desc.	
035589	203920	10071179035589	12	12/2.5#	
Gross Weigh	t Net Weigł	Net Weight Country of Origin		Child Nutrition	
31.5lb	30lb	USA	Yes	No	
Shipping Information					

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.25in	10.25in	10.63in	1.02ft3	9x8	720DAYS	-10°F / 10°F





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**Nutrition Analysis** 

Calories	100	Total Fat	0.5g	Sodium	0mg
Protein	3	Trans Fats	Og	Calcium	
Total Carbohydrates…	20g	Saturated Fat	Og	Iron	
Sugars	9g	Added Sugars		Potassium	
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images



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