



FREDS

204018 - Appetizer Cauliflower Cheese Brd

Premium white cauliflower florets coated in a flavorful cheddar cheese breading. Breaded with cracker crumbs for homemade appearance. Only premium vegetables used; stringent guidelines to ensure that vegetables are fresh and consistent in size. Natural cauliflower shape. On-trend menu item.



Nutrition Facts

Servings per Container 126
Serving size 8CauliflowerFlorets (84g)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	20%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.7mg	4%
Potassium 180mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

Cauliflower, Bleached Wheat Flour, Water, Contains Less Than 2% Of: Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Whey, Buttermilk Solids, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Dextrose, Torula Yeast, Mono And Diglycerides, Extractives Of Paprika And Turmeric, Palm Oil, Salt. CONTAINS: Wheat, Milk.

Allergens

Contains:

milk wheat

Free From:

crustaceans eggs fish peanuts
 sesame soy tree nuts

Handling Suggestions

Store product for no longer than 365 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Easy to prepare, just fry and serve! Great tossed in buffalo sauce and served in veggie tacos with bleu cheese crumbles. Great for Meatless Monday taco's - or "cauliwings"!!

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE. Due to differences in appliances, cooking times may vary and require adjustment. DEEP FRYER: 350F for 3 minutes.

Product Specifications

Brand	Manufacturer	Product Category
FREDS	AJINOMOTO FOODS NORTH AM	Appetizers Vegetables Breaded and Battered

MFG #	SPC #	GTIN	Pack	Pack Desc.
0127620	204018	10050665012761	6	6/4#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26lb	24lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13in	11.75in	7.5in	0.66ft3	8x2	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	100	Total Fat	1g	Sodium	460mg
Protein	3	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	19g	Saturated Fat	0g	Iron	0.7mg
Sugars	2g	Added Sugars	0g	Potassium	180mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

