

FREDS

204018 - Appetizer Cauliflower Cheese Brd

Fred's Breaded Cauliflower with Cheese Flavor uses premium white cauliflower florets that are fresh and consistent in size. Each floret is coated in a zesty cheddar cheese breading with cracker crumbs for a homemade appearance. Lacto-Ovo Vegetarian for those with special dietary needs.



126

0

0%

0%

0%

0%

0%

0%

0%

0%

0%

0%

0%

% Daily Value*

Nutrition Facts

Serving size 8CauliflowerFlorets (84g)

Servings per Container

Amount per serving **Calories**

Saturated Fat 0g

Total Carbohydrate 0g

Includes 0g Added Sugar

a day is used for general nutrition advice.

* The % Daily Value (DV) tells you how much a nutrient in

a serving of food contributes to a daily diet. 2,000 calories

Total Sugars 0g

Trans Fat 0g Cholesterol 0mg

Sodium 0mg

Dietary Fiber 0g

Vitamin D 0mcg

Potassium 0mg

Calcium 0mg

Iron 0mg

Protein 0g

Total Fat 0g



Benefits

Ingredients

Cauliflower, Bleached Wheat Flour, Water, Contains Less Than 2% of: Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Whey, Buttermilk Solids, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Dextrose, Torula Yeast, Mono and Diglycerides, Extractives of Paprika and Turmeric, Palm Oil, Salt. CONTAINS: WHEAT, MILK.

A Allergens

Contains:



Free From:

(S) crustaceans (S) mollusks







Store product for no longer than 545 days after production at a temperature between -10 and 0 degrees.

Serving Suggestions

Handling Suggestions

Easy to prepare, just fry and serve! Great tossed in buffalo sauce and served in veggie tacos with bleu cheese crumbles. Great for Meatless Monday taco's - or "cauliwings"!!

Prep & Cooking Suggestions

FOR BEST QUALITY AND FOOD SAFETY FOLLOW THESE COOKING INSTRUCTIONS. ALL FOOD SHOULD BE COOKED TO AN INTERNAL TEMPERATURE OF 160F. KEEP FROZEN UNTIL READY TO USE.

Due to differences in appliances, cooking times may vary and require adjustment. DEÉP FRYER: 350F for 3 minutes.

Product Specifications

Brand	Manufacturer
FREDS	Ajinomoto Foods NA

0127620 204018 10050665012761 6 6 / 4.0 LBR	MFG #	SPC #	GTIN	Pack	Pack Desc.
	0127620	204018	10050665012761	6	6 / 4.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.25lb	24lb	USA		No

Shipping Information							
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To	
19.13in	11.5in	10in	1.27ft3	8x4	545DAYS	-10°F / 0°F	





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Nutrition Analysis - By Serving

Calories	0	Total Fat	0g	Sodium	0mg
Protein	0	Trans Fats	0g	Calcium	0mg
Total Carbohydrates···	0g	Saturated Fat	0g	Iron	0mg
Sugars	ugars Og Added Sugars		0g	Potassium	0mg
Dietary Fiber			0g	Zinc	0
Lactose	Lactose Monounsaturated Fat		0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0	Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate	0mg	Riboflavin	0mg
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images









