



**SIMPLOT**

## 204019 - Carrot Crinkle Cut Frozen

Farm-fresh flavor and color; Consistent year-round quality and pricing; Reduces costly labor just heat and serve; 100% useable, no trim, loss or waste; Individually quick frozen for easy portioning



### \* Benefits

## Nutrition Facts

Servings per Container **110**  
Serving size **3/4cup(82g)**

Amount per serving  
**Calories 35**

	% Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 35mg	<b>2%</b>
<b>Total Carbohydrate</b> 8g	<b>3%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 4g	
Includes 0g Added Sugar	<b>0%</b>
<b>Protein</b> 1g	
Vitamin D 0mcg	<b>0%</b>
Calcium 27mg	<b>2%</b>
Iron 0.3mg	<b>2%</b>
Potassium 193mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

CARROTS.

### Allergens

**Free From:**

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

### Handling Suggestions

1/20 lb.

### Serving Suggestions

This versatile, speed scratch ingredient is recipe-ready for sides, salads, soups, stews and more.

### Prep & Cooking Suggestions

Food Safety Statement: REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.

### Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	J. R. Simplot Company	Vegetable Blends

MFG #	SPC #	GTIN	Pack	Pack Desc.
10071179184775	204019	10071179184775	1	1 / / cs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
21.5lb	20lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.13in	9.5in	9.38in	0.78ft3	13x8	730DAYS	-10°F / 10°F



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### Nutrition Analysis - By Serving

Calories	35	Total Fat	0g	Sodium	35mg
Protein	1	Trans Fats	0g	Calcium	27mg
Total Carbohydrates...	8g	Saturated Fat	0g	Iron	0.3mg
Sugars	4g	Added Sugars	0g	Potassium	193mg
Dietary Fiber	3g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### Additional Images

