



SIMPLOT

204032 - Peas Green Frozen

Sweet, tender peas with farm-fresh flavor and bright green color; Consistent year-round quality and pricing; Reduces costly labor just heat and serve; Individually quick frozen for easy portioning and no waste



Nutrition Facts

Servings per Container 180
Serving size 1/2cup(74g)

Amount per serving
Calories 60

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	10g	4%
Dietary Fiber	4g	14%
Total Sugars	3g	
Includes Added Sugar	0g	0%
Protein	4g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	1.3mg	7%
Potassium	110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

GREEN PEAS.

Allergens

Free From:

- crustaceans
- mollusks
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Handling Suggestions

12/2.5 lb.

Serving Suggestions

Naturally sweet with bright colors, a great side dish or recipe-ready for salads, soups, rice blends and more.

Prep & Cooking Suggestions

Food Safety Statement: KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE. THAW AND SERVE 1. Thaw unopened package no more than six days at =40F. STOVE TOP (optional) 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 3 minutes, stirring as needed. STEAMER (optional) 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
18949	204032	10071179189497	12	12/40 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
31lb	30lb	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.9in	11.2in	9.3in	1.02ft3	10x5	0DAYS	0°F / 32°F



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Nutrition Analysis - By Serving

Calories	60	Total Fat	0g	Sodium	0mg
Protein	4	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	10g	Saturated Fat	0g	Iron	1.3mg
Sugars	3g	Added Sugars	0g	Potassium	110mg
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

