



SIMPLOT

204040 - Peas Sugar Snap Frozen

Farm-fresh flavor and color; Reduces costly labor just heat and serve; Consistent year-round quality and pricing; Individually quick frozen for easy portioning



* Benefits

Nutrition Facts

Servings per Container 132
Serving size 3/4cup(79g)

Amount per serving
Calories 30

% Daily Value*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	6g	2%
Dietary Fiber	2g	7%
Total Sugars	3g	
Includes Added Sugar	0g	0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	34mg	3%
Iron	1.6mg	9%
Potassium	158mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SUGAR SNAP PEAS.

Allergens

Free From:



Handling Suggestions

12/2 lb.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Peas

MFG #	SPC #	GTIN	Pack	Pack Desc.
18933	204040	10071179189336	12	12/2#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
24.55lb	24lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.3in	11.1in	9.9in	1.04ft3	10x2	0DAYS	0°F / 32°F

Serving Suggestions

These bright, green sugar snap peas are full of sweet flavor. Season and saute for a flavorful side or combine with fresh ingredients for an Asian inspired entree.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed. STEAMER1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 tbsp of water and cover.3. Cook on HIGH for 15 minutes, stirring halfway through cook time.



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Nutrition Analysis - By Serving

Calories	30	Total Fat	0g	Sodium	0mg
Protein	2	Trans Fats	0g	Calcium	34mg
Total Carbohydrates...	6g	Saturated Fat	0g	Iron	1.6mg
Sugars	3g	Added Sugars	0g	Potassium	158mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

