

#### SIMPLOT 204040 - Peas Sugar Snap Frozen

Farm-fresh flavor and color; Reduces costly laborjust heat and serve; Consistent year-round quality and pricing; Individually quick frozen for easy portioning



		Nutrition Facts   Servings per Container 1   Serving size 3/4cup(79)		
		Amount per serving Calories	30	
		% Dai	ly Value*	
		Total Fat Og	0%	
		Saturated Fat 0g	0%	
		Trans Fat 0g		
		Cholesterol 0mg	0%	
<b>*</b> Benefits		Sodium Omg	0%	
		Total Carbohydrate 6g	2%	
		Dietary Fiber 2g	7%	
		Total Sugars 3g		
		Includes 0g Added Sugar	0%	
Ingredients	Allergens	Protein 2g		
ingreatents			00/	
SUGAR SNAP PEAS.	Free From:	Vitamin D 0mcg	0%	
	() crustaceans () mollusks () eggs	Calcium 34mg	3%	
	(A) fish (A) milk (S) peanuts (A) sesame	Iron 1.6mg	9%	
	(S) soy (W) tree nuts (B) wheat	Potassium 158mg	3%	
	Sol sol (contras (g) wheat	* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2 a day is used for general nutrition advice.		

#### Handling Suggestions

12/2 lb.

#### Serving Suggestions

These bright, green sugar snap peas are full of sweet flavor. Season and saute for a flavorful side or combine with fresh ingredients for an Asian inspired entre.

### Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed. STEAMER1. Arrange one bag of frozen vegetables in a slotted fullsize steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 tbsp of water and cover.3. Cook on HIGH for 15 minutes, stirring halfway through cook time.

# Product Specifications

Brand	Brand N			lanufacturer	Pro	Product Category		
SIMPLOT JR			MP	LOT CALDWELL ID.		Peas		
MFG #	S	SPC #		GTIN	Pack	Pack Desc.		
18933	20	204040		10071179189336	12	12/2#		
Gross Weight		Net Weight		Country of Origin	Kosher	Child Nutrition		
24.55lb		24lb		USA	Yes	No		
Shipping Information								

Shipping Information								
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To		
16.3in	11.1in	9.9in	1.04ft3	10x2	0DAYS	0°F / 32°F		





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Nutrition Analysis - By Serving

Calories	30	Total Fat	Og	Sodium	0mg
Protein	2	Trans Fats	Og	Calcium	34mg
Total Carbohydrates…	6g	Saturated Fat Og Iron		Iron	1.6mg
Sugars	3g	Added Sugars	Og	Potassium	158mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

## Additional Images



