



PACKER

204073 - Spinach Leaf Frozen

Large, whole leaves for great plate presentation and higher yields; Farm-fresh flavor and color; Consistent year-round quality and pricing



* Benefits

Nutrition Facts

Servings per Container 192
Serving size 1/3cup(83g)

Amount per serving
Calories 30

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 70mg	5%
Iron 0.9mg	5%
Potassium 240mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SPINACH.

Allergens

Free From:



Handling Suggestions

12/3#

Serving Suggestions

A valuable ingredient for healthy eating, enhance recipes such as soups with this premium quality, deep green spinach.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY: Keep frozen until ready to cook. Do not refreeze. Heat to 165F before use.

Product Specifications

Brand	Manufacturer	Product Category
PACKER	JR SIMPLOT CALDWELL ID.	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
19122	204073	10071179191223	12	12/3#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
37.94lb	36lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.1in	10.6in	11.4in	1.2ft3	9x1	0DAYS	0°F / 32°F



PACKER

204073 - Spinach Leaf Frozen

Large, whole leaves for great plate presentation and higher yields; Farm-fresh flavor and color; Consistent year-round quality and pricing



Nutrition Analysis - By Serving

Calories	30	Total Fat	0g	Sodium	125mg
Protein	2	Trans Fats	0g	Calcium	70mg
Total Carbohydrates...	3g	Saturated Fat	0g	Iron	0.9mg
Sugars	1g	Added Sugars	0g	Potassium	240mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

