



SIMPLOT

204454 - Vegetable Blend Edamame Succotash

Succotash the new way, with edamame, corn and red peppers! ;All the flavor and colors of fresh ;Individually quick frozen for easy portioning and less waste ;Consistent year-round quality and pricing



Nutrition Facts

13 Servings Per Container

Serving size **2/3 cup (89g)**

Amount per serving
Calories 90

% Daily Value*

Total Fat 3 g	4%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 11 g	4%
Dietary Fiber 3 g	11%
Total Sugars 5 g	
Includes 0 g Added Sugar	0%
Protein 6 g	
Vitamin D 0 mcg	0%
Calcium 28 mg	2%
Iron 1.1 mg	6%
Potassium 304 mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* Benefits

Ingredients

SOYBEANS, CORN, RED BELL PEPPER. CONTAINS: SOY.

Allergens

Contains:



Free From:



Handling Suggestions

Keep frozen 0F or below

Serving Suggestions

This eye-catching blend is ready for your vegan and vegetarian options. Perfect for signature sides, sauts, pastas and stir-fry. Add wild rice or barley to create a vegetarian entree. Toss with butter and fresh herbs for a succulent side dish. Cook, chill and serve atop salads or in a wrap.

Prep & Cooking Suggestions

Stove Top / Saut
STOVE TOP

1. Bring 5 quarts of water to a boil on HIGH.
2. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.

Product Specifications

Brand	Manufacturer
SIMPLOT	Simplot Global Food, LLC

MFG #	SPC #	GTIN	Pack	Pack Desc.
10071179016380	204454	10071179016380	6	6 / 2.5 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
16.25 lb	15 lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.38 in	9.63 in	6.63 in	0.49 ft3	15x9	730 DAYS	-10 °F / 10 °F



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Nutrition Analysis - By Serving

Calories	90	Total Fat	3 g	Sodium	0 mg
Protein	6	Trans Fats	0 g	Calcium	28 mg
Total Carbohydrates...	11 g	Saturated Fat	0 g	Iron	1.1 mg
Sugars	5 g	Added Sugars	0 g	Potassium	304 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A(IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

