SIMPLOT

204455 - **Berry Triple Berry Blend Frozen**

*Fruits are harvested at the peak of freshness and individually quick frozen to lock in natural flavor, appearance and nutrients. *Rich in phytonutrients, vitamin C, and dietary fiber. *IQF pack for easy convenient portioning and quick preparation. *100% useable, no trim loss or waste. *Consistent and reliable year-round quality. *Fits vegetarian and vegan menu application.

Benefits

Ingredients

STRAWBERRIES, BLACKBERRIES, BLUEBERRIES.

Allergens

Free From:

crustaceans, eggs, fish, milk, peanuts, sesame, soy, tree nuts, wheat

Nutrition Facts

Servings per Container	**64**
Serving size	**1cup(140g)**
Amount per serving	
Calories	**80**
	% Daily Value*
Total Fat 0.5g	**1%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 4g	**14%**
Total Sugars 11g	
Includes Added Sugar	**%**
Protein 1g	
Vitamin D	**%**
Calcium	**0%**
Iron	**4%**
Potassium	**%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

4/5 lb

Serving Suggestions

Serve over ice cream or cheesecake. Add to smoothies or protein drinks. Layer in a yogurt parfait. Versatile for breakfast, lunch or dinner applications.

Prep & Cooking Suggestions

Thaw at room temperature for approximately 30 minutes. Serve slightly frozen for best results.

Product Specifications

Brand	Manufacturer	Product Category
SIMPLOT	JR SIMPLOT CALDWELL ID.	Mixed Fruit, Canned, Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
01631	204455	10071179016311	4	4/5#

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
20lb	20lb	USA		No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
0in	0in	0in	1.01ft3	1x1	0DAYS	0°F / 32°F

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Nutrition Analysis - By Serving

Calories	80	Total Fat	0.5g	Sodium	0mg
Protein	1	Trans Fats	0g	Calcium	
Total Carbohydrates•••	17g	Saturated Fat	0g	Iron	
Sugars	11g	Added Sugars		Potassium	
Dietary Fiber	4g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

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