

SIMPLOT

204456 - Vegetable Blend Meadow



Farm-fresh carrots, green beans, yellow squash and zucchini; Reduces costly laborjust heat and serve; Consistent year-round quality and pricing; Individually quick frozen for easy portioning





Benefits

Ingredients	Allergens
CARROTS, GREEN BEANS, YELLOW SQUASH, ZUCCHINI.	Free From: Crustaceans of mollusks of eggs fish of milk of peanuts of sesame soy of tree nuts of wheat

Nutrition Facts

Servings per Container 120 3/4cup(87g) Serving size

Amount per serving Calories

30

% Da	aily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugar	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 27mg	2%
Iron 0.5mg	3%
Potassium 184mg	4%

^{*} The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

12/2 lb.

Serving Suggestions

An eye-catching side or a an excellent ingredient for soups, stews, pastas and more.

Prep & Cooking Suggestions

Food Safety Statement: FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIOLY AS POSSIBLE TO REFRIGERATED TEMPERATURE. STOVE TOP1. Bring 5 quarts of water to a boil on HIGH.2. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed. STEAMER1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan.2. Steam for 4 minutes. MICROWAVE (1100 WATTS)1. Place one bag of frozen vegetables in a microwave safe dish.2. Add 2 tbsp of water and cover.3. Cook on HIGH for 14 minutes, stirring halfway through cook time.

Product Specifications

Brand	Manufacturer		
SIMPLOT	JR SIMPLOT CALDWELL ID.		

MFG #	SPC#	GTIN	Pack	Pack Desc.
67166	204456	10071179671664	12	12/32 OZ

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
25.25lb	24lb	USA	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
0in	0in	0in	1.17ft3	12x4	0DAYS	0°F / 32°F





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Nutrition Analysis - By Serving

Calories	30	Total Fat	0g	Sodium	15mg
Protein	1	Trans Fats	0g	Calcium	27mg
Total Carbohydrates	6g	Saturated Fat	0g	Iron	0.5mg
Sugars	2g	Added Sugars	0g	Potassium	184mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0mcg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

Additional Images













